

# **Path, Fruit and Nibbāna**

**Kheminda Thera**

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## Abbreviations

A	<i>Aṅguttara Nikāya</i>
D	<i>Dīgha Nikāya</i>
Dhp	<i>Dhammapada</i>
Dhp-a	<i>Dhammapada Aṭṭhakathā</i>
M	<i>Majjhima Nikāya</i>
A-a	<i>Manorathapurāṇi, Aṅguttara Nikāya Aṭṭhakathā</i>
M-a	<i>Papañcasudani, Majjhima Nikāya Aṭṭhakathā</i>
Pug	<i>Puggala-paññatti</i>
S	<i>Samyutta Nikāya</i>
Sn	<i>Suttanipāta</i>
S-a	<i>Sārattha-Pakāsini, Samyutta Nikāya Aṭṭhakathā</i>
SV	<i>Sumaṅgalavilasini, Dīgha Nikāya Aṭṭhakathā</i>
V	<i>Vinaya Piṭaka Mahāvagga</i>
Vism	<i>Visuddhimagga</i>

To the memory of the  
Venerable Soma Mahā Thera  
(23. 12. 1898-23.2.1960)

*Release*

*On that happy day that we  
The last of Māra see,  
And go beyond his sway,  
We shall in content stay,  
From all desire free  
To be or not to be,  
Where unrest all does cease,  
In depths of endless peace,  
Where all that being implies,  
Leaving nothing, fully dies.*

Soma Thera

## Preface

For many years the Venerable Soma Mahā Thera and I were interested in what is discussed in these pages. But, due to various reasons and his sudden death in 1960, a study of them could not be undertaken until a few months ago.

Early last year the Venerable Ñāṇavira Thera of Bundala and I had many Dhamma discussions including these questions. This revived my interest once more, and I began to put whatever material was with me together with what we discussed into some readable form for my own use. As this study progressed it was possible to add new material. Yet this was painfully slow work owing to a painful illness I am afflicted with for over a year now. Fortunately this pain gives way to an extent when engaged in anything that can sustain one's interest for sometime. In the circumstances the present study was just what I needed for my physical condition, and of course for my mental well being as well, for these questions had long vexed my mind and needed an early solution.

As stated before, this was for my own use. But others thought that what is set forth here would also keenly interest, and be of some help, to a wide circle of those engaged in the study and practice of the teaching of the All-Compassionate One. And this has been made possible through the generosity of Dr. D. Roland D. Weerasuria who has published this volume for free distribution here and abroad in memory of Mr. Sam Hewavitarne, wishing him the happiness of Nibbāna.

May this act of faith in the Supremely Enlightened One, in His sublime Teaching that liberates, and in the Community of his Noble Disciples, some of whose attainments are here described, be to him a source of joy and strength in the journey from here to the goal!

Kheminda Thera,  
Vajirarama,  
Colombo,  
Ceylon,  
February 23, 1965.

## **Preface to the Second Edition**

The first edition had been out of print for quite some time. Several dāyakas therefore requested me to bring out a new edition. Due to their keen interest and generosity this new edition became possible.

Since the publication of the last edition, I have been able to collect more Sutta references on this subject. I have incorporated them in this edition. I am thankful to those who helped to bring about this edition.

The Printers, Karunaratne & Sons Ltd., deserve a special word of thanks for the care and attention shown by them.

Kheminda Thera  
Vajirarama,  
Colombo,  
Sri Lanka  
8.6.1992

## Path and Fruit

When the commoner (*puthujjana*) practises serenity (*samatha*) followed by insight (*vipassanā*) the path (*magga*) arises.<sup>1</sup>

This same teaching is found in four other Suttas in greater detail:

(1) By means of a simile the Venerable Ānanda Thera illustrates to Uttiya, the wanderer, the sole way of transcending the plane of the commoner (*puthujjanabhūmi*) and of attaining to that of the Noble Ones (*ariyabhūmi*). He says, suppose there is a king who has a border-city well fortified with strong ramparts, towers, and a single entrance guarded by a wise sentinel, who prevents strangers from entering, and only allows persons known to enter, the city. As he inspects the path leading round (within the rampart) he will not note all the joints and openings in those ramparts such as will be big enough to permit a creature as small as a cat to pass through. But this he would know; “that any bigger creature would have to pass only through this single entrance.” Continuing, the Venerable Ānanda Thera in answer to Uttiya’s question, “Will the whole world, or a half of it, or a third of it, realise Nibbāna?” says that just as the wise sentinel is not concerned with the question of how many enter the city, but knows that anyone entering the city does so through this single entrance, so the Tathāgata is concerned only with how Nibbāna is realised, and not with the question of how many realise it. And the Venerable Ānanda Thera proceeds, “Whosoever have gone out, are going out, or will go out, from this world (to Nibbāna), all of them have done so (are doing so, or will do so) by giving up the five hindrances (*pañca nīvarane pahāya*), those impurities of the heart that weaken wisdom (*cetaso upakkilese paññāya dubbalīkaraṇe*), having their thoughts well established in the four foundations of mindfulness (*catusu satipatthānesu supatitthacitta*), and having developed in their real essence the seven factors of wisdom (*satta bojjhange yathābhūtam bhāvetvā*).<sup>2</sup>”

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<sup>1</sup> A II 157: ... *samathapubbaṅgamaṃ vipassanaṃ bhāvetvā maggo sañjāyati* (= A-a III 143: *samathapubbaṅgamanti samathaṃ pubbaṅgamaṃ purecārikaṃ katvā. Maggo sañjāyatīti paṭhamo lokuttaramaggo nibbattati* ...).

<sup>2</sup> A V 194–95: *Seyyathāpi, āvuso uttiya, rañño paccantimaṃ nagaraṃ dalhuddhāpaṃ dalhapākātoranaṃ ekadvāraṃ. Tatrassa dovāriko paṇḍito byatto medhāvī aññātānaṃ nivāretā nātānaṃ pavesetā. So tassa nagarassa samantā anupariyāyapathaṃ anukkamati. Anupariyāyapathaṃ anukkamamāno na passeyya pākārasandhiṃ vā pākāravivaraṃ vā, antamaso bilāranikkhamanamattampi. No ca khvassa evaṃ nāṇaṃ hoti: ettakā pāṇā imaṃ nagaraṃ pavisanti vā nikkhamanti vā’ti. Atha khvassa evamettha hoti: ye kho keci olārikā pāṇā imaṃ nagaraṃ pavisanti vā nikkhamanti vā, sabbe te iminā dvārena pavisanti vā nikkhamanti vā’ti. Evamevaṃ kho, āvuso uttiya, na tathāgatassa evaṃ ussukkaṃ hoti: sabbo vā tena loko nīyati, upaḍḍho vā, tibhāgo vā’ti. Atha kho evamettha tathāgatassa hoti: ye kho keci lokamhā nīyimsu vā nīyanti vā nīyissanti vā, sabbe te pañca nīvarane pahāya cetaso upakkilese paññāya dubbalīkaraṇe, catūsu satipatthānesu suppati-  
tthacittā, satta bojjhange yathābhūtaṃ bhāvetvā. Evamete lokamhā nīyimsu vā nīyanti vā nīyissanti vā ti.*



(2) Emphasising as it were this statement of the Venerable Ānanda Thera, the Venerable Sāriputta Thera tells the Buddha in the Sampasadaniya Sutta<sup>3</sup> that he knows, through the knowledge

that is in conformity with the Dhamma, that all the Supremely Enlightened Ones of the past, future, and present, all of them realise supreme enlightenment by getting rid of the five hindrances, those impurities of the heart that weaken wisdom, having their thoughts well established in the four foundations of mindfulness, and having developed in their real essence the seven factors of wisdom.

(3) Again the Venerable Sāriputta Thera tells the Buddha the same thing in the Satipaṭṭhāna Saṃyutta.<sup>4</sup>

In both these instances the Buddha commended the Venerable Sāriputta Thera and exhorted him to repeat this teaching again and again to monks, nuns, men and women lay disciples; so that should there be among them any foolish people who may have doubt and perplexity regarding the teaching, they might give up their doubt and perplexity.

(4) Finally in the Mahā-Parinibbāna Sutta<sup>5</sup> the Venerable Sāriputta Thera, shortly before he and the Buddha passed away, made this same declaration.

The Nibbāna of the Buddha, the Pacceka Buddha, and the Arahāt, is the same, and so the method of its attainment is the same. There is no exception. This fact is confirmed by the Buddha in the Mahāsaccaka Sutta and elsewhere.<sup>6</sup> Having attained to the Sphere of Nothingness (*akincanriyatana*) under his first teacher, Ālāra Kālāma, and to the Sphere of

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<sup>3</sup> D III 101: *Seyyathāpi, bhante, rañño paccantimaṃ nagaraṃ dalhuddhāpaṃ ,03 dalhapākāratorañam ekadvāraṃ. Tatrassa dovāriko paṇḍito byatto medhāvī aññātānaṃ nivāretā, ñātānaṃ paveseṭā. So tassa nagarassa samantā anupariyāyapathaṃ anukkamaṃāno na passeyya pākārasandhiṃ vā pākāravivaraṃ vā antamaso bilāranikkhamanamattampī. Tassa evamassa— ‘ye kho keci oḷārikā pāṇā imaṃ nagaraṃ pavisanti vā nikkhamanti vā, sabbe te imināva dvārena pavisanti vā nikkhamanti vā’ ti. Evameva kho me, bhante, dhammanvayo vidito. Ye te, bhante, ahesuṃ atitamaddhānaṃ arahanto sammāsambuddhā, sabbe te bhagavanto pañca nīvaraṇe pahāya cetaso upakkilese paññāya dubbalīkaṇe catūsu satipaṭṭhānesu suppatiṭṭhitacittā, satta sambojjhaṅge yathābhūtaṃ bhāvetvā anuttaraṃ sammāsambodhiṃ abhisambujjhimsu. Yepi te, bhante, bhavissanti anāgatamaddhānaṃ arahanto sammāsambuddhā, sabbe te bhagavanto pañca nīvaraṇe pahāya cetaso upakkilese paññāya dubbalīkaṇe catūsu satipaṭṭhānesu suppatiṭṭhitacittā, satta sambojjhaṅge yathābhūtaṃ bhāvetvā anuttaraṃ sammāsambodhiṃ abhisambujjhissanti. Bhagavāpi, bhante, etarahi arahaṃ sammāsambuddho pañca nīvaraṇe pahāya cetaso upakkilese paññāya dubbalīkaṇe catūsu satipaṭṭhānesu suppatiṭṭhitacittosatta sambojjhaṅge yathābhūtaṃ bhāvetvā anuttaraṃ sammāsambodhiṃ abhisambuddho.*

<sup>4</sup> S V 160–61: *Yepi te bhante ahesuṃ atitamaddhānaṃ arahanto sammāsambuddhā, sabbe te bhagavanto pañca nīvaraṇe pahāya, cetaso upakkilese paññāya dubbalīkaṇe, catūsu satipaṭṭhānesu suppatiṭṭhitacittā, satta bojjaṅge yathābhūtaṃ bhāvetvā, anuttaraṃ sammāsambodhiṃ abhisambujjhimsu. Yepi te, bhante, bhavissanti anāgatamaddhānaṃ arahanto sammāsambuddhā, sabbe te bhagavanto pañca nīvaraṇe pahāya, cetaso upakkilese paññāya dubbalīkaṇe, catūsu satipaṭṭhānesu suppatiṭṭhitacittā, satta bojjaṅge yathābhūtaṃ bhāvetvā, anuttaraṃ sammāsambodhiṃ abhisambujjhissanti. Bhagavāpi, bhante, etarahi arahaṃ sammāsambuddho pañca nīvaraṇe pahāya, cetaso upakkilese paññāya dubbalīkaṇe, catūsu satipaṭṭhānesu suppatiṭṭhitacitto, satta bojjaṅge yathābhūtaṃ bhāvetvā, anuttaraṃ sammāsambodhiṃ abhisambuddho ti. Sādhu sādhu, sāriputta! Tasmātiha tvaṃ, sāriputta, imaṃ dhammapariyāyaṃ abhikkhaṇaṃ bhāseyyāsi bhikkhūnaṃ bhikkhunīnaṃ upāsakānaṃ upāsikānaṃ. Yesampi hi, sāriputta, moghapurisānaṃ bhavissati tathāgate kaṅkhā vā vimati vā, tesampimaṃ dhammapariyāyaṃ sutvā yā tathāgate kaṅkhā vā vimati vā sā pahiyissati ti.*

<sup>5</sup> D II 83.

<sup>6</sup> M I 237.

neither perception nor non-perception (*nevasannanāsanāyatana*) under his second teacher, Uddaka Rāmaputta, the Bodhisatta undertook the practice of the most austere forms of meditation and asceticism. He practised the not-breathing meditation (*appanaka jhāna*). This only brought him great physical pain; though his mind was unshaken, he did not attain to his goal. Therefore, giving it up, he began the ascetic practice of not eating. He developed this to its utmost severity, but in the end had to confess that still he had not found what he sought. At this stage he asked himself: Could there be another way to enlightenment? It struck him then that as a child, while his father was engaged in the ploughing festival, seated in the cool shade of the purple berry tree, aloof from sense desires, aloof from evil states of mind, he attained the first meditation (*paṭhamajjhāna*) which is with initial and sustained application of thought, joy, and ease born of detachment. On considering further: Could this be the way to enlightenment? He came to the conclusion: This indeed is the way to enlightenment.

Since he was too weak to do anything immediately, having rested and taken nourishment, he developed the first meditation (*jhāna*) and so on up to the fourth (*jhāna*). With this as basis he attained to the knowledge of remembering (his) past lives (*pubbenivasanussatināna*), to the knowledge of the passing away and rebirth of beings (*sattaanān cutupapāte nāṇa*), and lastly to the knowledge of the destruction of the cankers (*āsavaḅbhaya nāṇa*).<sup>7</sup>

Now it will be seen that the not-breathing meditation (*appanaka jhāna*) practice yielded nothing but severe physical pain, whereas with the first meditation (*paṭhamajjhāna*) he was able to replace the hindrances with the meditation factors.<sup>8</sup> Here it is well to note that the Bodhisatta put away the five hindrances by developing the first meditation, and not by any other means. Shortly after his enlightenment the Buddha came to the conclusion under the Goatherd's Banyan that the sole way to the purification of beings is the practice of the four foundations of mindfulness.<sup>9</sup> And the four foundations of mindfulness begin with a serenity (*samatha*) subject of meditation, namely, mindfulness of in-breathing and out-breathing (*ānāpānasati*).

Here, too, the statements of the Venerable Sāriputta Thera and of the Venerable Ānanda Thera are confirmed by the Buddha's own experience in respect of the getting rid of the five hindrances and of the development of the four foundations of mindfulness.

In the following Sutta the Buddha shows that his followers, too, attain enlightenment in just the same way as he did under the bodhi tree, namely, by way of the meditations (*jhānas*). Here in the simile of the celestial tree he describes in brief the progress of the

<sup>7</sup> M I 246: ... *siyā nu kho añño maggo bodhāyā ti? Tassa mayhaṃ, aggivessana, etadahosi—'abhiñānāmi kho paṇāhaṃ pītu sakkassa kammante sītāya jambucchāyāya nisīno vivicceva kāmehi vivicca akusalehi dhammehi savitakkaṃ savicāraṃ vivekaṃ pītisukhaṃ paṭhamaṃ jhānaṃ upasampajja viharitā. siyā nu kho eso maggo bodhāyā ti? Tassa mayhaṃ, aggivessana, satānusāri viññāṇamaḥosi—eseva maggo bodhāyā ti.*

<sup>8</sup> M I 295: *Paṭhamaṃ kho, āvuso, jhānaṃ evaṃ pañcaṅgavippahīnaṃ pañcaṅgasamannāgatan-ti.*

<sup>9</sup> S V 185.

disciple of the noble (*ariyāsavaka*) from the time he thinks of leaving home for homelessness up to the time he destroys the cankers as a Consummate One.

He says:

(1) At which time the disciple of the noble thinks of leaving home for homelessness he is like the withered leaf of the celestial tree of the Tavatimsa devas.

(2) At which time the disciple of the noble, having cut hair and beard, dons orange robes, and goes from home to homelessness, he is like the fallen leaves the celestial tree of the Tavatimsa devas.

(3) At which time the disciple of the noble, aloof from sense-desires ... enters and abides in the first meditation (*paṭhamam jhānam*), he is like the celestial tree in bud.

(4) At which time the disciple of the noble, by the subsidence of applied and sustained thought ... enters and abides in the second meditation (*dutiyam jhānam*), he is like the sharp buds of the celestial tree of the Tavatimsa devas.

(5) At which time the disciple of the noble, with the fading away of joy ... enters and abides in the third meditation (*tatiyam jhānam*) he is like the opening buds of the celestial tree of the Tavatimsa devas.

(6) At which time the disciple of the noble, having put away ease ... and enters and abides in the fourth (*catuttham jhānam*), he is like the red lotus-like flowers of the celestial tree of the Tavatimsa devas.

(7) At which time the disciple of the noble, having destroyed the cankers ... enters and abides in the realisation (of freedom), he is like the celestial tree of the Tavatimsa devas in full blossom<sup>10</sup>.

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<sup>10</sup> A IV 118–19: “*Evamevaṃ kho, bhikkhave, yasmim̐ samaye ariyasāvako agārasmā anagāriyaṃ pabbajjāya ceteti, paṇḍupalāso, bhikkhave, ariyasāvako tasmim̐ samaye hoti devānaṃva tāvatimsānaṃ pāricchattako koviḷāro. “Yasmim̐, bhikkhave, samaye ariyasāvako kesamassuṃ ohāretvā kāsāyāni vatthāni acchādetvā agārasmā anagāriyaṃ pabbajito hoti, pannapalāso, bhikkhave, ariyasāvako tasmim̐ samaye hoti devānaṃva tāvatimsānaṃ pāricchattako koviḷāro. “Yasmim̐, bhikkhave, samaye ariyasāvako vivicceva kāmehi ...pe... paṭhamam̐ jhānam̐ upasampajja viharati, jālakajāto, bhikkhave, ariyasāvako tasmim̐ samaye hoti devānaṃva tāvatimsānaṃ pāricchattako koviḷāro. “Yasmim̐, bhikkhave, samaye ariyasāvako vitakkavicārānaṃ vūpasamā ... pe... dutiyam̐ jhānam̐ upasampajja viharati, khārakajāto, bhikkhave, ariyasāvako tasmim̐ samaye hoti devānaṃva tāvatimsānaṃ pāricchattako koviḷāro. “Yasmim̐, bhikkhave, samaye ariyasāvako pītiyā ca virāgā ... pe... tatiyam̐ jhānam̐ upasampajja viharati, kuṭumalakajāto, bhikkhave, ariyasāvako tasmim̐ samaye hoti devānaṃva tāvatimsānaṃ pāricchattako koviḷāro. “Yasmim̐, bhikkhave, samaye ariyasāvako sukhasa ca pahānā dukkhasa ca pahānā ...pe... catuttham̐ jhānam̐ upasampajja viharati, korakajāto, bhikkhave, ariyasāvako tasmim̐ samaye hoti devānaṃva tāvatimsānaṃ pāricchattako koviḷāro. “Yasmim̐, bhikkhave, samaye ariyasāvako āsavānaṃ khayā ...pe... sacchikatvā upasampajja viharati, sabbaphāliphullo, bhikkhave, ariyasāvako tasmim̐ samaye hoti devānaṃva tāvatimsānaṃ pāricchattako koviḷāro. “Tasmim̐, bhikkhave, samaye bhummā devā saddamanussāventi— ‘eso ithannāmo āyasmā ithannāmassa āyasmato saddhivihāriko amukamhā gāmā vā nigamā vā agārasmā anagāriyaṃ pabbajito āsavānaṃ khayā anāsavaṃ cetovimuttim̐ paññāvimuttim̐ diṭṭheva dhamme sayam̐ abhiññā sacchikatvā upasampajja viharati’ ti. Bhummānaṃ devānaṃ saddam̐ sutvā cātumahārājikā devā ...pe... tāvatimsā devā... yāmā devā... tusitā devā... nimmānarati devā... paranimmitavasavatti devā... brahmakāyikā devā saddamanussāventi— ‘eso ithannāmo āyasmā ithannāmassa āyasmato saddhivihāriko amukamhā gāmā vā nigamā vā agārasmā anagāriyaṃ pabbajito āsavānaṃ khayā anāsavaṃ cetovimuttim̐ paññāvimuttim̐ diṭṭheva dhamme sayam̐ abhiññā sacchikatvā upasampajja viharati’ ti. Itiha tena khaṇena tenamuhuttena yāva brahmalokā saddo abbhuggacchati, ayamānubhāvo khīṇāsavassa bhikkhuno” ti.*

Another thing that is evident from these experiences of the Buddha is that meditation (*jhāna*) taught in the Dhamma is not the same as those that are taught outside it. The not-breathing meditation (*appānaka jhāna*) was not capable of removing the hindrances .

Meditation (*jhāna*) may vary in strength according to the individual. In an unskilful beginner, as illustrated in the simile of the foolish mountain cow<sup>11</sup> it is very weak; so weak that one is not able to repeat it. This cow thinks of going to where it had not been before, eating grass it had never eaten before, and drinking water it had not drunk before. And in trying to do it it raises its hind foot before establishing itself firmly on its fore leg. Thus it is neither able to get to the place it had not been before, nor eat the grass it had not eaten before, nor drink the water it had not drunk before. Nor is it able to return to where it was before. Just so is it when a foolish unskilful monk, aloof from sense-desires, aloof from evil states of mind attains to the first meditation (*jhāna*) which is with initial and sustained application of thought, joy, and ease born of detachment; but he does not pursue, develop, or cultivate that sign and establish it well. In spite of it this foolish, unskilful monk attempts to attain the second meditation by the subsidence of applied and sustained thought, and fails, because he does not know how to do it. Then, trying to re-enter the first meditation he fails in this too. He is called one who has fallen in both ways, one who has deteriorated in both ways. In short, he gained the first meditation once, neglected to gain facility in re-entering it, and so lost it altogether. The Buddha goes on to say that only if one pursues, develops, and cultivates the first meditation is it possible for him to attain to the second meditation and so forth.

This Sutta shows the possibility of one attaining the first meditation, and thereby to the temporary abandonment of the five hindrances, and also the possibility of falling away from it due to negligence. There is also the third possibility of gaining facility in the practice of meditation. In the noble path (*ariyamagga*) meditation (*jhāna*) manifests itself as controlling faculty (*indriya*) power (*bala*) and right concentration (*sammāsamādhi*).<sup>12</sup>

The importance of meditation (*jhāna*) is further stressed in the following Sutta: “Monks, just as the clear cloud-free autumn sun rising in the sky, and dispersing all darkness from the heavens, fills it with splendour, shines forth, and illumines it, so, monks, there arises in the noble disciple the faultless, stainless eye of wisdom. Together with this arising, monks, three fetters of the noble disciple are put away: Belief in self, doubt, and

<sup>11</sup> AIV 418.

<sup>12</sup> S V 196: (a) *kattha ca, bhikkhave, samādhindriyaṃ daṭṭhabbaṃ? catūsu jhānesu—ettha samādhindriyaṃ daṭṭhabbaṃ;* (b) S V,198: *Katamañca, bhikkhave, samādhindriyaṃ? Idha, bhikkhave, ariyasāvako vossaggārammaṇaṃ karitvā labhati samādhiṃ, labhati cittassa ekaggataṃ— idaṃ vuccati, bhikkhave, samādhindriyaṃ.* (c) S V 220: *Evameva kho, bhikkhave, yaṃ saddhindriyaṃ taṃ saddhābalaṃ, yaṃ saddhābalaṃ taṃ saddhindriyaṃ; ... yaṃ paññindriyaṃ taṃ paññā-balaṃ, yaṃ paññābalaṃ taṃ paññindriyaṃ.*

(d) A IV 4: *Katamañca, bhikkhave, samādhibalaṃ? Idha, bhikkhave, ariyasāvako vivicceva kāmehi ... catutthaṃ jhānaṃ upasampajja viharati.* (e) A III, 12 *Kattha ca, bhikkhave, samādhibalaṃ daṭṭhabbaṃ? Catūsu jhānesu.* (f) D II 313: *Katamo ca, bhikkhave, sammāsamādhi? Idha, bhikkhave, bhikkhu vivicceva kāmehi vivicca akusalehi dhammehi savitakkaṃ savicāraṃ vivekajaṃ pītisukhaṃpaṭhamam jhānaṃ upasampajja viharati. ...*

belief in rites and ceremonies. Further he quits two things: Covetousness and ill-will. Then, aloof from sense-desires, aloof from evil states of mind, he attains to, and abides in, the first meditation which is with initial and sustained application of thought, joy, and ease born of detachment. Should a noble disciple pass away at this time, there is no Fetter bound by which he would return to this world.” The commentary says: “In this sutta the *jhāna*-non-returner (*jhānanāgāmi*) is spoken of”

Further the Buddha says: “Just as the Ganges flows, slopes, inclines to the east, just so does a monk, by developing and practising the four meditations (*jhāna*), flow, slope, and incline to Nibbāna.<sup>13</sup>”

Thus the work he began as a commoner with the temporary abandonment of the five hindrances, which now as a Consummate One he completely destroys with the attainment of the five aggregates of the learning-ender (*asekha*), that is to say, virtue, concentration, wisdom, freedom, and the knowledge and vision of that freedom<sup>14</sup> is in no small measure due to meditation (*jhāna*).

Meditation (*jhāna*) is therefore essential to the journey from here to the other shore. It is not to be treated lightly with sweeping statements like “It is found in outside (*bahira*) teachings, too, and so is not important.” We have seen how the Bodhisatta rejected the meditation taught by his former teachers who were outsiders (*bahiraka*), and the not-breathing meditation which, too, is an outside teaching, to follow the first meditation (*jhāna*) which finally led him to supreme enlightenment. Just as *kamma*, *araha*, *nibbāna* and so on are not quite the same as those taught in other teachings which use these same words, so is meditation (*jhāna*) in the Dhamma different from meditation (*jhāna*), taught elsewhere. They are not identical.

<sup>13</sup> A I 242: *Seyyathāpi, bhikkhave, saradasamaye viddhe vigatavalāhake deve ādicco nabhaṃ abbhussakkamāno sabbaṃ ākāsagataṃ tamagataṃ abhivohacca bhāsate ca tapate ca virocanti ca. “Evamevaṃ kho, bhikkhave, yato ariyasāvakassa virajaṃ vītamaṃ dhammacakkhuṃ uppajjati saha dassanuppādā, bhikkhave, ariyasāvakassa tiṇi saṃyojanāni pahīyanti sakkāyaditṭhi, vicikicchā, silabbataparāmāso. Athāparaṃ dvīhi dhammehi niyyāti abhijjhāya ca byāpādena ca. So vivicceva kāmehi vivicca akusalehi dhammehi savitakkaṃ savicāraṃ vivekajaṃ pītisukhaṃ paṭhamaṃ jhānaṃ upasampajja viharati. Tasmīṃ ce, bhikkhave, samaye ariyasāvako kālaṃ kareyya, natthi taṃ saṃyojanaṃ yena saṃyojanena saṃyutto ariyasāvako puna imaṃ lokaṃ āgaccheyyā ti (= A-a II 356: imasmim hi sutte jhānānāgāmi nāma kathito ti).*

2. (a) S V 307–8: *Pañcimāni, bhikkhave, uddhambhāgiyāni saṃyojanāni. Katamāni pañca? Rūparāgo, arūparāgo, māno, uddhaccaṃ, avijjā– imāni kho, bhikkhave, pañcuddhambhāgiyāni saṃyojanāni. Imesaṃ kho, bhikkhave, pañcannaṃ uddhambhāgiyānaṃ saṃyojanānaṃ abhiññāya pariññāya parikkhayāya pahānāya cattāro jhānā bhāvetabbā. Katame cattāro? Idha, bhikkhave, bhikkhu vivicceva kāmehi ...*

<sup>14</sup> (a) A V 16: *Pañcaṅgavippahīno, bhikkhave, bhikkhu pañcaṅgasamannāgato imasmīṃ dhammavīnaye ‘kevalī vusitavā uttamapuriso’ ti vuccati. Kathañca, bhikkhave, bhikkhu pañcaṅgavippahīno hoti? Idha, bhikkhave, bhikkhuo kāmaccando pahīno hoti, byāpādo pahīno hoti, thinamiddhaṃ pahīnaṃ hoti, uddhaccakukkuccaṃ pahīnaṃ hoti, vicikicchā pahīnā hoti. Evaṃ kho, bhikkhave, bhikkhu pañcaṅgavippahīno hoti. Kathañca, bhikkhave, bhikkhu pañcaṅgasamannāgato hoti? Idha, bhikkhave, bhikkhu asekhena sīlakkhandhena samannāgato hoti, asekhena samādhikkhandhena samannāgato hoti, asekhena paññākkhandhena samannāgato hoti, asekhena vimuttikkhandhena samannāgato hoti, asekhena vimuttiñānadassanakkhandhena samannāgato hoti. Evaṃ kho, bhikkhave, bhikkhu pañcaṅgasamannāgato hoti.*

Now let us consider the process of passing over from the plane of the commoner (*puthujjanabhūmi*) to that of the Noble Ones (*ariyabhūmi*); in other words the last acts of the practiser as a commoner and his first acts as a Noble One (*ariya*). This is very clearly, forcefully, and succinctly stated, shorn of all complexities that tend to becloud the eye of understanding, in the Okkantika Saṃyutta.<sup>15</sup> At this stage the commoner needs, in addition to virtue (*sīla*) and the abandonment of the five hindrances (*pañcanivarāṇa pahāna*) previously attained, either faith (*saddhā*), or wisdom (*paññā*), to an extent (*mattaso*), as the case may be, according to the character of the individual. The eye, ear, nose, tongue body, and mind are impermanent, changeable, and fickle. One who has faith in this teaching, and is firmly resolved in it, is called faith-striver (*saddhānusari*). He has entered the right path (*sammattaniyāma*), entered the plane of the worthy (*sappurisabhūmi*), having transcended the plane of the commoner (*puthujjanabhūmi*). One who with wisdom finds pleasure to an extent in these teachings, is called dhamma-striver a (*dhammanusari*). He, too, has entered the right path, entered the plane of the worthy, having transcended the plane of the commoner.

Both these individuals are incapable of doing any action which will result in rebirth in hell, in the animal world, and in the realm of the manes. They are also incapable of passing away without realising the fruit of Stream-Entrance (*sotāpatti-phala*). He who knows and sees these teachings thus is called Stream-Entrant and is not liable to sink into evil states of existence, but is certain of proceeding towards enlightenment.

What is briefly expressed in this last sentence is taught in greater detail in another Sutta of the Saṃyutta Nikāya.<sup>16</sup> There the Buddha describes the following six persons: (1)

<sup>15</sup> S III 225: *Cakkhuṃ, bhikkhave, aniccaṃ vipariṇāmi aññathābhāvi; sotaṃ aniccaṃ vipariṇāmi aññathābhāvi; ghānaṃ aniccaṃ vipariṇāmi aññathābhāvi; jivhā aniccā vipariṇāmi aññathābhāvi; kāyo anicco vipariṇāmi aññathābhāvi; mano anicco vipariṇāmi aññathābhāvi. Yo, bhikkhave, ime dhamme evaṃ saddahati adhimuccati, ayaṃ vuccati saddhānusārī, okkanto sammattaniyāmaṃ, sappurisabhūmiṃ okkanto, vītivatto puthujjanabhūmiṃ; abhabbo taṃ kammaṃ kātuṃ, yaṃ kammaṃ katvā nirayaṃ vā tiracchānayoṇiṃ vā pettivisayaṃ vā upapajjeyya; abhabbo ca tāva kālaṃ kātuṃ yāva na sotāpatti-phalaṃ sacchikaroti.*

<sup>16</sup> (a) SV 376: *Idha, mahānāma, ekacco puggalo buddhe aveccappasādena samannāgato hoti – itipi so bhagavā...pe... satthā devamanussānaṃ buddho bhagavāti. Dhamme...pe... saṅghe...pe... hāsapañño javanapañño vimuttiyā ca samannāgato. So āsavānaṃ khayā anāsavaṃ cetovimuttiṃ paññāvimuttiṃ diṭṭheva dhamme sayāṃ abhiññā sacchikatvā upasampajja viharati. Ayampi kho, mahānāma, puggalo parimutto nirayā parimutto tiracchānayoṇiyā parimutto pettivisayā parimutto apāyaduggativinipātā. Idha pana, mahānāma, ekacco puggalo buddhe aveccappasādena samannāgato hoti – itipi so bhagavā...pe... satthā devamanussānaṃ buddho bhagavāti. Dhamme...pe... saṅghe...pe... hāsapañño javanapañño na ca vimuttiyā samannāgato. So pañcannaṃ orambhāgiyānaṃ saṃyojanānaṃ parikkhayā opapātiko hoti tattha parinibbāyī anāvattidhammo asmā lokā. Ayampi kho, mahānāma, puggalo parimutto nirayā parimutto tiracchānayoṇiyā parimutto pettivisayā parimutto apāyaduggativinipātā. Idha pana, mahānāma, ekacco puggalo buddhe aveccappasādena samannāgato hoti – itipi so bhagavā...pe... satthā devamanussānaṃ buddho bhagavāti. Dhamme...pe... saṅghe...pe... na hāsapañño na javanapañño na ca vimuttiyā samannāgato. So tiṇṇaṃ saṃyojanānaṃ parikkhayā rāgadosamohānaṃ tanuttā sakadāgāmi hoti, sakideva imaṃ lokam āgato dukkhassantaṃ karoti. Ayampi kho, mahānāma, puggalo parimutto nirayā parimutto tiracchānayoṇiyā parimutto pettivisayā parimutto apāyaduggativinipātā. Idha pana, mahānāma, ekacco puggalo buddhe aveccappasādena samannāgato hoti – itipi so bhagavā...pe... satthā devamanussānaṃ buddho bhagavāti; dhamme...pe... saṅghe...pe... na hāsapañño na javanapañño na ca vimuttiyā samannāgato. So tiṇṇaṃ saṃyojanānaṃ parikkhayā sotāpanno hoti avinipāta-dhammo niyato sambodhiparāyaṇoti. Ayampi kho, mahānāma, puggalo parimutto nirayā parimutto tiracchānayoṇiyā*

The Consummate One who, is possessed of intelligent faith in the Buddha, (*buddhe aveccappasadena samannāgato*) the Dhamma, and the Sangha: is possessed of joyous wit, quick wit and freedom; and having destroyed the cankers is mind-freed (*cetovimutta*), wisdom-freed (*paññāvimutta*), and freed (*parimutta*) from rebirth in the four evil states of existence; (2) the Non-Returner who, is possessed of the first five qualities mentioned above but is not possessed of freedom, has destroyed the five lower fetters, will be reborn spontaneously in the pure abodes attaining parinibbāna there, and is freed (*parimutta*) from rebirth in the four evil states of existence; (3) the Once-Returner who, is possessed of the first three qualities but not the last three, has destroyed three fetters and reduced lust, hate and ignorance, returns once more to this world and accomplishes the destruction of ill, and is freed (*parimutta*) from rebirth in the four evil states of existence; (4) the Stream-Entrant who, is possessed of the first three qualities but not of the last three, has destroyed three fetters, is assured of going through to enlightenment, and is freed (*parimutta*) from rebirth in the four evil states of existence; (5) the dhamma-striver, who though he is not possessed even of intelligent faith in the Buddha, the Dhamma, and the Sangha, (*na heva kho Buddhe aveccappasadena samannāgato hoti na dhamme na sanghe*) nor is possessed of joyous wit, quick wit, and freedom, yet has the controlling faculties of faith, energy, mindfulness, concentration, and wisdom; he is one who

*parimutto pettevīsayaṃ parimutto apāyaduggatīvīnipātā.*

*‘Idha pana, mahānāma, ekacco puggalo na heva kho buddhe aveccappasādena samannāgato hoti... na dhamme...pe... na saṅghe...pe... na hāsapañño na javanapañño na ca vimuttiyā samannāgato. Api cassa ime dhammā honti – saddhindriyaṃ, vīriyindriyaṃ, satindriyaṃ, samādhindriyaṃ, paññindriyaṃ.*

*Tathāgatappaveditā cassa dhammā paññāya mattaso nijjhānaṃ khamanti. Ayampi kho, mahānāma, puggalo agantā nirayaṃ agantā tiracchānayaṃ agantā pettevīsayaṃ agantā apāyaṃ duggatiṃ vīnipātāṃ.*

*Idha pana, mahānāma, ekacco puggalo na heva kho buddhe aveccappasādena samannāgato hoti... na dhamme... pe... na saṅghe...pe... na hāsapañño na javanapañño na ca vimuttiyā samannāgato, api cassa ime dhammā honti saddhindriyaṃ...pe... paññindriyaṃ. Tathāgate cassa saddhāmatteṃ hoti pemamattaṃ. Ayampi kho, mahānāma, puggalo agantā nirayaṃ agantā tiracchānayaṃ agantā pettevīsayaṃ agantā apāyaṃ duggatiṃ vīnipātāṃ.*

(b) D III 227/Dialogues III218 *Cattāri sotāpattiyaṅgāni – sappurisasamsevo, saddhammassavanaṃ, yonisomanasikāro, dhammānudhammappaṭipatti.*

*‘Cattāri sotāpannassa aṅgāni. Idhāvuso, ariyasāvako buddhe aveccappasādena samannāgato hoti – ‘itipi so bhagavā arahaṃ sammāsambuddho vijjācāraṇasampanno sugato lokavidū anuttaro purisadammasārathi satthā devamanussānaṃ buddho, bhagavā’ ti. Dhamme aveccappasādena samannāgato hoti – ‘svākkhāto bhagavatā dhammo sandiṭṭhiko akāliko ehipassiko opaneyyiko paccattaṃ vedītabbo viññūhī’ ti. Saṅghe aveccappasādena samannāgato hoti – ‘suppaṭipanno bhagavato sāvakaṅgho ujuppaṭipanno bhagavato sāvakaṅgho nāyappaṭipanno bhagavato sāvakaṅgho sāmīcippaṭipanno bhagavato sāvakaṅgho yadidaṃ cattāri purisayugāni aṭṭha purisapuggalā, esa bhagavato sāvakaṅgho āhuneyyo pāhuneyyo dakkhiṇeyyo añjalikaraṇīyo anuttaraṃ puññakkhettaṃ lokassā’ ti. Ariyakantehi sīlehi samannāgato hoti akhaṇḍehi acchiddehi asabalehi akammāsehi bhujissehi viññuppatthehi aparāmatthehi samādhisaṃvattanikehi.*

(c) S V 404 (Kindred Sayings V345: (I) *Cattārimāni, bhikkhave, sotāpattiyaṅgāni. Katamāni cattāri? Sappurisasamsevo, saddhammassavanaṃ, yonisomanasikāro, dhammānudhammappaṭipatti – imāni kho, bhikkhave, cattāri sotāpattiyaṅgāni ti*

(d) S II 68 (Kindred Sayings II 481: (2) *Yato kho, gahapati, ariyasāvokassa pañca bhayāni verāni vūpasantāni honti, catūhi ca sotāpattiyaṅgehi samannāgato hoti...*

*(Sotāpattiyaṅgehīti duvidhaṃ sotāpattiyaṃ aṅgaṃ, yaṃ pubbabhāge sotāpattiyaṭṭhāyā saṃvattati, ‘sappurisasamsevo saddhammassavanaṃ yonisomanasikāro dhammānudhammappaṭipatti’ ti (dī. ni. 3.311) evaṃ āgataṃ, paṭiladdhaguṇassa ca sotāpattiṃ patvā ṭhitassa aṅgaṃ, yaṃ sotāpannassa aṅgantipi vuccati, buddhe aveccappasādādīnaṃ etaṃ adhivacanaṃ. S-a II 72)*

with wisdom finds pleasure to an extent in the teachings proclaimed by the Tathāgata. Even he shall not go (*aganta*) to the four evil states of existence; (6) the faith-striver who though he is not possessed even of intelligent faith in the Buddha, the Dhamma, and the Sangha, nor is possessed of joyous wit, quick wit, and freedom, yet has the five controlling faculties of faith, energy, mindfulness, concentration, and wisdom; he has only mere faith in, and mere affection for, the teachings proclaimed by the Tathāgata. Even he, too, shall not go (*aganta*) to the four evil states of existence.

It will be seen that the last two persons mentioned above, the dhamma-striver, and the faith-striver, unlike the Consummate One, the Non-Returner, the Once-Returner, and the Stream-Entrant, have not even intelligent faith in the Three Jewels (*tiratana*), and are without joyous wit and quick wit. They are not freed (*parimutta*) from, but shall not go (*aganta*) to, the four evil states of existence. This is because they are Noble Ones (*ariya*) who have but just left the plane of the commoner (*puthujjanabhūmi*), and have work to do with diligence (*appamadena karaniyam*) before attaining the fruit of Stream-Entrance (*sotāpattiphala*), the attainment of which alone assures freedom from these four evil states of rebirth. It takes place in this very life, the latest being at death.

These two path-attainers (*magga-lābhi*) are likened to a tender calf just born. The Buddha says that long ago there was a prudent neat-herd of Magadha. In the last month of the rainy season, having examined the hither bank of the Ganges he made his herd to cross over at a ford to Vedeha on the thither bank. First he had the sires, the leaders, cross over in safety to the thither bank; then the sturdy bulls and young steers who also crossed to the thither bank in safety; next the young bulls and young cows, and they too crossed to the thither bank in safety; following them came the lean and weaker calves who also crossed over to the thither bank in safety. And on that occasion, long ago, there was a tender calf born just then, which also cut across the stream drawn by its mother's mooing. The Buddha likens the dhamma-striver and the faith-striver to that tender calf, which though born just then was able to cut across the stream and reach the thither bank in safety.<sup>17</sup>

<sup>17</sup> M I 225: *Bhūtapubbaṃ, bhikkhave, māgadhako gopālako sappaññajātiko, vassānaṃ pacchime māse saradasamaye, samavekkhitvā gaṅgāya nadiyā orimaṃ tīraṃ, samavekkhitvā pārimaṃ tīraṃ, tittheneva gāvo patāresi uttaraṃ tīraṃ suvidehānaṃ. So paṭhamaṃ patāresi ye te usabhā gopitaro gopariṇāyakā. Te tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsu. Athāpare patāresi balavagāvo dammagāvo. Tepi tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsu. Athāpare patāresi vacchatare vacchatariyo. Tepi tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsu. Athāpare patāresi vacchake kisābalake. Tepi tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsu. Bhūtapubbaṃ, bhikkhave, vacchako taruṇako tāvadeva jātako mātugoravakena vuyhamāno, sopi tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamāsi. Taṃ kissa hetu? Tathā hi so, bhikkhave, māgadhako gopālako sappaññajātiko, vassānaṃ pacchime māse saradasamaye, samavekkhitvā gaṅgāya nadiyā orimaṃ tīraṃ, samavekkhitvā pārimaṃ tīraṃ, tittheneva gāvo patāresi uttaraṃ tīraṃ suvidehānaṃ. Evameva kho, bhikkhave, ye hi keci samaṇā vā brāhmaṇā vā kusalā imassa lokassa kusalā parassa lokassa, kusalā māradheyassa kusalā amāradheyassa, kusalā maccudheyassa kusalā amaccudheyassa, tesam ye sotabbaṃ saddahātappaṃ maññissanti, tesam taṃ bhavissati dīgharattaṃ hitāya sukhāya. Seyyathāpi, bhikkhave, ye te usabhā gopitaro gopariṇāyakā te tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsu, evameva kho, bhikkhave, ye te bhikkhū arahanto khīṇāsavā vusitavanto katakaraṇīyā ohitabhārā anuppattasadatthā parikkhīṇabhavasamyojanā sammadaññā vimuttā, te tiriyaṃ mārassa sotaṃ chetvā sotthinā pāraṃ gatā. Seyyathāpi te, bhikkhave, balavagāvo dammagāvo tiriyaṃ gaṅgāya sotaṃ chetvā*



As such work has just begun for the dhamma-striver and the faith-striver, they have much to do yet. And this is stressed in the Kitagiri and other Suttas.<sup>18</sup> There the Buddha says: I do not say of all monks that that they should act with diligence. Nor do I not say of all that they should not act with diligence. Those monks who are Consummate Ones, who have destroyed the cankers (*khināsava*), perfected (*vusitava*), done what had to be done (*katakaraniya*) laid down the burden (*ohitabhara*), won to the goal (*anuppattasadattha*), destroyed the fetters of the states of existence (*parikkhinabhāvāsamyojana*), are freed by utmost knowledge (*samma-d-annavimutta*), of such monks as these I do not say that they should act with diligence. What is the reason? They have acted with diligence, and so are incapable of

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*sotthinā pāraṃ agamaṃsu, evameva kho, bhikkhave, ye te bhikkhū pañcannaṃ orambhāgiyānaṃ saṃyojanānaṃ parikkhayā opapātikā tattha parinibbāyino anāvoattidhammā tasmā lokā, tepi tiriyaṃ māraṣa sotaṃ chetvā sotthinā pāraṃ gamissanti. Seyyathāpi te, bhikkhave, vaccharā vacchariyo tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsu, evameva kho, bhikkhave, ye te bhikkhū tiṇṇaṃ saṃyojanānaṃ parikkhayā rāgadosamohānaṃ tanuttā sakadāgāmino sakiṃdeva imaṃ lokaṃ āgantvā dukkhassantaṃ karissanti, tepi tiriyaṃ māraṣa sotaṃ chetvā sotthinā pāraṃ gamissanti. “Seyyathāpi te, bhikkhave, vacchakā kisābalakā tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsu, evameva kho, bhikkhave, ye te bhikkhū tiṇṇaṃ saṃyojanānaṃ parikkhayā sotāpannā avinipātadhammā niyatā sambodhiparāyanā, tepi tiriyaṃ māraṣa sotaṃ chetvā sotthinā pāraṃ gamissanti. Seyyathāpi so, bhikkhave, vacchako taruṇako tāvadeva jātako mātugoravakena vuyhamāno tiriyaṃ gaṅgāya sotaṃ chetvā sotthinā pāraṃ agamaṃsi, evameva kho, bhikkhave, ye te bhikkhū dhammānusārino saddhānusārino, tepi tiriyaṃ māraṣa sotaṃ chetvā sotthinā pāraṃ gamissanti.*

<sup>18</sup> (a) M I 477: *Sattime, bhikkhave, puggalā santo saṃvijjamaṇā lokasmiṃ. Katame satta? Ubhatobhāgavimutto, paññāvimutto, kāyasakkhi, diṭṭhippatto, saddhāvimutto, dhammānusārī, saddhānusārī.*

(b) M-a III 187: *Sattime, bhikkhave, puggalāti idha kiṃ dasseti? Yesaṃ appamādena karaṇīyaṃ natthi, te dve honti. Yesaṃ atthi, te pañcāti evaṃ sabbepi ime satta puggalā hontīti imamatthaṃ dasseti.*

(c) M I 478–79: *Katamo ca, bhikkhave, puggalo diṭṭhippatto? Idha, bhikkhave, ekacco puggalo ye te santā vimokkhā atikkamma rūpe āruppā te na kāyena phusitvā viharati, paññāya cassa disvā ekacce āsavā parikkhīṇā honti, tathāgatappaveditā cassa dhammā paññāya vodiṭṭhā honti vocarītā. Ayaṃ vuccati, bhikkhave, puggalo diṭṭhippatto. Imassapi kho ahaṃ, bhikkhave, bhikkhuno ‘appamādena karaṇīya’nti vadāmi. Taṃ kissa hetu? Appeva nāma ayaṃāyasmā anulomikāni senāsānāni paṭisevamāno kalyāṇamitte bhajamāno indriyāni samannāyamaṇo – yassatthāya kulaputtā sammadeva agārasmā anagāriyaṃ pabbajanti tadanuttaraṃ – brahmacariyapariyosānaṃ diṭṭheva dhamme sayāṃ abhiññā sacchikatvā upasampajja vihareyyāti! Imaṃ kho ahaṃ, bhikkhave, imassa bhikkhuno appamādaphalaṃ sampassamaṇo ‘appamādena karaṇīya’ntntti vadāmi. “Katamo ca, bhikkhave, puggalo saddhāvimutto. Idha, bhikkhave, ekacco puggalo ye te santā vimokkhā atikkamma rūpe āruppā te na kāyena phusitvā viharati, paññāya cassa disvā ekacce āsavā parikkhīṇā honti, tathāgate cassa saddhā nivīṭṭhā hoti mūlajātā patitṭhitā. Ayaṃ vuccati, bhikkhave, puggalo saddhāvimutto. ... “Katamo ca, bhikkhave, puggalo dhammānusārī? Idha, bhikkhave, ekacco puggalo ye te santā vimokkhā atikkamma rūpe āruppā te na kāyena phusitvā viharati, paññāya cassa disvā ekacce āsavā parikkhīṇā honti, tathāgatappaveditā cassa dhammā paññāya mattaso nijjhānaṃ khamanti, api cassa ime dhammā honti, seyyathidaṃ – saddhindriyaṃ, vīriyindriyaṃ, satindriyaṃ, samādhindriyaṃ, paññindriyaṃ. Ayaṃ vuccati, bhikkhave, puggalo dhammānusārī. ...*

*“Katamo ca, bhikkhave, puggalo saddhānusārī? Idha, bhikkhave, ekacco puggalo ye te santā vimokkhā atikkamma rūpe āruppā te na kāyena phusitvā viharati, paññāya cassa disvā ekacce āsavā parikkhīṇā honti, tathāgate cassa saddhāmatthaṃ hoti pemamattaṃ, api cassa ime dhammā honti, seyyathidaṃ – saddhindriyaṃ, vīriyindriyaṃ, satindriyaṃ, samādhindriyaṃ, paññindriyaṃ. Ayaṃ vuccati, bhikkhave, puggalo saddhānusārī. ... ‘appamādena karaṇīya’ntntti vadāmi.*

(d) S IV 124 *Ye ca kho te, bhikkhave, bhikkhū sekkhā appattamaṇasā anuttaraṃ yogakkhemaṃ patthayamaṇā viharanti, tesāhaṃ, bhikkhave, bhikkhūnaṃ chasu phassāyatanesu appamādena karaṇīyanti vadāmi.*

(e) M I 9 *So idā dukkha’nti yoniso manasi karoti, ‘ayaī dukkhasamudayo’ti yoniso manasi karoti, ‘ayaī dukkhanirodho’ti yoniso manasi karoti, ‘ayaī dukkhanirodhagāmini paṭipadā’ti yoniso manasi karoti. Tassa evaī yoniso manasikaroto tiōi saīyojanāni pahīyanti – sakkāyadīḷḷhi, vicikicchā, silabbataparāmāso. Ime vuccanti, bhikkhave, āsavā dassanā pahātābbā.*

negligence. But of such monks who are learners (*sekha*), having not attained to perfection, yet wishing to attain to the incomparable and uttermost security, I say that they have to act with diligence. What is the reason? Seeing that these venerable ones, while resorting to suitable dwellings, associating with good friends, controlling the faculties of sense, will realise, here and now, that fruit of diligence (*appamadaphalam*) for the sake of which young men of good family rightly go forth from home to homeless life, entering dwell in it.

The Buddha says further that there are seven persons: (1) freed in both ways, (2) wisdom-freed, (3) body-witness, (4) won to view, (5) faith-freed, (6) dhamma-striver, and (7) faith-striver. The first two, being Consummate Ones, the Buddha says that they have accomplished their work with diligence, and are incapable of negligence. This is because they have nothing more to do. But the remaining five, he says, need to be diligent. The third, the fourth, and the fifth, besides other attainments, have by wisdom seen that some of the cankers have been exhausted (*paññāya c' assa disva ekacce āsava parikkhina honti*). But the sixth and the seventh, the dhamma-striver and the faith-striver, have, besides other things, seen by wisdom that the cankers are not exhausted (*paññāya c' assa disva āsava aparikkhina honti*). Now it will take time, more than one thought-moment, to note this very important fact on attaining the first path.

The commentary agreeing with the Sutta says: "Thus among those persons by whom work has to be done with diligence are the three learners who have attained the paths and the fruits (*patividdhamaggaphalasekha*). Resorting to suitable dwellings, associating with good friends, harmonising faith and the other controlling faculties, they gradually reach the consummate state (*arahatta*). Thus the meaning of the text concerning them is as they are. Finally the two who have attained to the path of Stream-Entrance (*sotāpattimaggasamangino*) as befitting that path resort to a suitable dwelling, associate with good friends, and bring faith and the other controlling faculties into harmony. By resorting to (suitable dwellings), associating with (good friends), and harmonising (the controlling faculties) for the sake of attaining the three higher paths, they will gradually reach the consummate state.

Here it will be noted that "the two who have attained to the path of Stream-Entrance, are said to be "attaining the higher paths," thus skipping the immediately following fruit, which is the fruit of Stream-Entrance (*sotāpattiphala*). This will be discussed at length later. The commentary continues: "the disputant (*vitandavādi*) taking this very text says that the supramundane path does not consist of one thought-moment but of many thought-moments. He is one who should be told: 'If when with one thought-moment he resorts to a dwelling, with another associates with good friends, with yet another harmonises the controlling faculties, and the path-thought is another, you say that the path consists not of one thought-moment but of many. This being so, he who resorts to a dwelling, sees blue-hued mountains and forest; hears the sounds of animals and birds; smells the scent of flowers, and fruit both big and small; drinking beverages tastes their flavour; and sitting and lying down contacts tangibles. Thus these should be composed of the fivefold consciousness

and the supramundane. Now if you accept this you quarrel with the Teacher. The fivefold consciousness group is said by the Teacher to be always indeterminate. That which is endowed with good and bad is rejected (since) the Supramundane path is always good.”

“Therefore, saying, ‘Renounce this talk,’ he should be remonstrated with on it. If this declaration is not accepted, he should be dismissed saying, ‘Go right early to the monastery and entering it partake of some rice-gruel.’<sup>19</sup>”

Here the commentary attributes to the disputer (*vitaṇḍavādī*) the statement that the path does not consist of one thought-moment but of many; then forces him to admit that he is mistaken on the ground that he is quarelling with the Teacher (*satthāra*). Had the disputer been free to explain himself he would probably have requested the production of any sutta passage which teaches that the path consists of one thought-moment, as is usually done by the commentary in such cases. For instance, it says, “He should be told, ‘cite the sutta.’<sup>20</sup>” And this is said in connection with this very question: whether the path consists of one thought-moment or of many. In fact there is the Aṅguttara Sutta quoted at the beginning of this article where the Venerable Ānanda Thera says: “Here, friends, a monk develops insight preceded by serenity the path is born. He pursues that path, develops, and practises it. In him thus pursuing, developing, and practising that path, the fetters are put away, and the latencies cease.”<sup>21</sup>

The commentary thinks otherwise: “Insight preceded by serenity: Serenity going before, leading. The path is born—the first Supramundane path arises. He (pursues) that path—there is no pursuing and so on of the one thought-moment path; however while producing the second path and so on that is pursued, developed, and cultivated.”<sup>22</sup>

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<sup>19</sup> M-a III 192 : *Iti imesu appamādena karaṇīyesu puggalesu tayo paṭividdhamaggaphalā sekhā. Tesu anulomasenāsanam sevamānā kalyāṇamitte bhajamānā indriyāni samannānāyamānā anupubbena arahattam gaṇhanti. Tasmā tesam yathāḥhitova pāliattho. Avasāne pana dve sotāpattimaggasamaṅgino. Tehi tassa maggassa anulomasenāsanam sevitam, kalyāṇamittā bhajitā, indriyāni samannānītāni. Upari pana tiṇṇam maggānam atthāya sevamānā bhajamānā samannānāyamānā anupubbena arahattam pāpuṇissantīti ayamettha pāliattho.*

*Vitaṇḍavādī pana imameva pāliṃ gahetvā: lokuttaramaggo na ekacittakkhaṇiko, bahucittakkhaṇiko ti vadati. So vattabbo yadi aññena cittena senāsanam paṭisevati, aññena kalyāṇamitte bhajati, aññena indriyāni samannāneti, aññam maggacittanti sandhāya tvam na ekacittakkhaṇiko maggo, bahucittakkhaṇiko’ti vadasi, evam sante senāsanam sevamāno nīlobhāsam pabbatam passati, vanaṃ passati, migapakkhīnam saddam suṇāti, pupphaphalānam gandham ghāyati, pānīyam pivanto rasam sāyati, nisīdanto nipajjanto phassam phusati. Evam te pañcaviññānasamaṅgīpi lokuttaradhammasamaṅgīyeva bhavissati. Sace panetaṃ sampatiḥchasi, satthārā saddhiṃ paṭivirujjhasi. Satthārā hi pañcaviññānakāyā ekantaṃ abyākatāva vuttā, taṃsamaṅgissa kusalākusalaṃ paṭikkhittam, lokuttaramaggo ca ekantakusalo. Tasmā pajahetaṃ vāda’nti paññapetabbo. Sace paññattim na upagacchati, gaccha pātova vihāram pavisitvā yāguṃ pivāhī ti uyyojetabbo.*

<sup>20</sup> M-a II 363, 404, A-a V 85: *So suttam āharā ti vattabbo.*

<sup>21</sup> A II 157: *Idha, āvuso, bhikkhu samathapubbaṅgamaṃ vipassanaṃ bhāveti. Tassa samathapubbaṅgamaṃ vipassanaṃ bhāvayato maggo sañjāyati. So taṃ maggaṃ āsevati bhāveti bahulīkaroti. Tassa taṃ maggaṃ āsevato bhāvayato bahulīkaroto saṃyojanāni pahīyanti, anusayā byantihonti.*

<sup>22</sup> A-a III 142: *samathapubbaṅgamanti samatham pubbaṅgamaṃ purecārikaṃ katvā. Maggo sañjāyatiṭi paḥhamo lokuttaramaggo nibbattati. So taṃ magganti ekacittakkhaṇikamaggassa āsevanādīni nāma natthi, dutiyamaggādayo pana uppādentō tameva āsevati bhāveti bahulīkarotiṭi vuccati.*

This teaching of the commentary leaves no room for the first path-attainer to carry out the Buddha's instruction to act with diligence (*appamādena karanīyaṃ*) for the simple reason that before he could do anything else the fruit is, as it were, on him rendering thereby the words of the Buddha superfluous. It seeks to set at naught, too, the other teaching of the Buddha: "he who practises for the realisation of the fruit (*phalāsacchikiriyāya paṭipanna*)."<sup>23</sup> The Buddha says that there are these nine persons: "The Consummate One, and he who practises for (the realisation of that) Consummation; the Non-Returner, and he who practises for the realisation of the fruit of Non-Return; the Once-Returner, and he who practises for the realisation of the fruit of Once-Return; the Stream-Entrant, and he who practises for the realisation of the fruit of Stream-Entrance; and the commoner."<sup>23</sup> Of these the last is the commoner who is outside the plane of the Noble Ones. The rest are the Noble Ones (*ariya*) who have crossed over from the plane of the commoner to that of the Noble Ones. The first of these eight Noble Ones is the non-learner (*asekha*), while the remaining seven are learners (*sekha*). The seven are fruit-attainers (*phalalābhi*), and the remaining four are path-attainers (*maggalābhi*). Concerning these four the Buddha says: "These four things, when developed and cultivated, lead to the realisation of the fruit of Stream-Entrance. Which four? Association with good friends, listening to the Dhamma, deep reflection, and practice in accordance with the Dhamma." The next three Suttas state that the four things mentioned above when developed and cultivated lead to the realisation of the fruit of Once-Return, the realisation of the fruit of non-return, and to the realisation of the fruit of the consummate state.<sup>24</sup>

Not all the commentaries, however, hold the view that the first path cannot be developed. The Alagaddupama Sutta mentions the Consummate One, the Non-Returner,

<sup>23</sup> A IV 372: *Navayime, bhikkhave, puggalā santo saṃvijjamaṇā lokasmiṃ. Katame nava? Arahā, arahattāya paṭipanno, anāgāmī, anāgāmi phalāsacchikiriyāya paṭipanno, sakadāgāmī, sakadāgāmi phalāsacchikiriyāya paṭipanno, sotāpanno, sotāpatti phalāsacchikiriyāya paṭipanno, puthujjano.*

<sup>24</sup> (a) S V 410–11 *Cattārome, bhikkhave, dhammā bhāvītā bahulikatā sotāpatti phalāsacchikiriyāya ...*

*sakadāgāmi phalāsacchikiriyāya ... anāgāmi phalāsacchikiriyāya ... arahattaphalāsacchikiriyāya saṃvattanti.*

*Katame cattāro? Sappurisa saṃsevo, saddhammassavanaṃ, yonisomanasikāro, dhammānudhammapaṭipatti.*

(b) Paṭis-a III 641 *Tattha sappurisa saṃsevoti heṭṭhā vuttappakārānaṃ sappurisaṇaṃ bhajanaṃ.*

*Saddhammassavananti tesaṃ sappurisaṇaṃ santike sīlādipaṭtipattidīpakassa saddhammavacanassa savanaṃ.*

*Yonisomanasikāroti sutānaṃ dhammānaṃ atthūpaparikkhānavasena upāyena manasikāro.*

*Dhammānudhammapaṭipattīti lokuttaradhamme anugatassa sīlādipaṭtipadādhammassa paṭipajjanaṃ.*

(c) S-a II 589: *Sammā vihareyyunti ettha sotāpanno attano adhigataṭṭhānaṃ aññassa kathetvā taṃ sotāpannaṃ*

*karonto sammā viharati nāma. Esa nayo sakadāgāmiādīsu. Sotāpattimaggaṭṭho aññampi sotāpattimaggaṭṭhaṃ*

*karonto sammā viharati nāma. Esa nayo sesamaggaṭṭhesu. Sotāpattimaggaṭṭhāya āradhāvippassako attano*

*paṇaṃ kammaṭṭhānaṃ kathetvā aññampi sotāpattimaggaṭṭhāya āradhāvippassakaṃ karonto sammā viharati*

*nāma. Esa nayo sesamaggaṭṭhāya āradhāvippassakesu. Idam sandhāyāha sammā vihareyyun-ti.*

(d) M-a II 151; *Aparehi aṭṭhahi kāraṇehi buddhā bhagavanto cārikaṃ caranti – sotāpattimaggaṃ*

*adhigamissantīti vā, sotāpattiphalaṃ ... pe ... arahattaphalaṃ sacchikarissantīti vāti. Ayaṃ aturitacārikā, sā*

*idha adhippetā.*

(e) M III 255 *Sotāpatti phalāsacchikiriyāya paṭipanne dānaṃ datvā asaṅkheyyā appameyyā dakkhiṇā*

*pāṭikaṅkhitabbā, ko pana vādo sotāpanne. See also Udāna 6: Atha kho bāhiyassa dāruccīriyassa rahogatassa*

*paṭisallīnassa evaṃ cetaso parivitaṅko udapādi: ye kho keci loke arahanto vā arahattamaggaṃ vā samāpannā,*

*ahaṃ tesaṃ aññataro ti.*

the Once-Returner, the Stream-Entrant, the dhamma-striver, and the faith-striver. In this Sutta, too, the difference between the Stream-Entrants (the first fruit-attainers) and the dhamma-striver and the faith-striver (the two kinds of first path-attainers) is stated. The former are assured of going through to enlightenment, while the latter are merely stated to be going through to enlightenment. The assurance (*niyata*) comes only with the first fruit-attainment. Further it makes mention of those who are endowed with faith only (*saddhāmatta*) and affection only (*pemamatta*) for the Blessed One. They are assured of rebirth in heaven. The commentary to this Sutta states that these latter “are as it were taken by hand and placed in heaven.” It continues to state that “ancient elders speak of such a bhikkhu as a Lesser Stream-Entrant (*cūlasotāpanna*).<sup>25</sup>”

Here we have (1) the lesser stream-entrant who is bound for rebirth in heaven, (2) the first path-attainer who goes through to enlightenment, and (3) the first fruit-attainer who is assured of going through to enlightenment. The last two have reached the plane of the Noble Ones (*ariyabhūmi*) while the first is still in the plane of the commoner (*puthujjanabhūmi*). Concerning the dhamma- and Faith-Striver the commentary says: “ There the dhamma-striver and the faith-striver-these two who are established in the path of Stream-Entrance (*sotāpattimagga*). As it is said (in the Puggalapaññātti): Which person is a dhamma-striver? The controlling faculty of wisdom of the person practising for the realisation of the fruit of Stream-Entrance is very great (*adhimatta*); Wisdom-carried (*paññāvahi*), preceded by wisdom (*paññāpubbaṅgamam*), he develops (*bhāveti*) the noble path (*ariyamagga*); this person is called dhamma-striver. The person practising for the realisation of the fruit of Stream-Entrance is dhamma-striver: when established in the fruit this person is called won to view (*ditṭhippatta*). Which person is faith-striver? The controlling faculty of Faith of the person practising for the realisation of the fruit of Stream-Entrance is very great (*adhimatta*); Faith-carried (*saddhāvahi*), preceded by faith (*saddhāpubbaṅgamam*), he develops (*bhāveti*) the noble path (*ariyamagga*); this person is called faith-striver. The person practising for the realisation of the fruit of Stream entrance is faith-striver; when established in the fruit this person is called faith-freed (*saddhāvimutta*).<sup>26</sup>”

<sup>25</sup> M-a II 120: *Yesam mayi saddhāmattaṃ pemamattanti iminā yesaṃ añño ariyadhammo natthi, tathāgate pana saddhāmattaṃ pemamattameva hoti. Te vipassakapuggalā adhippetā. Vipassakabhikkhūnañhi evaṃ vipassanaṃ paṭṭhapetvā nisinnānaṃ dasabale ekā saddhā ekaṃ pemaṃ uppajjati. Tāya saddhāya tena pemena hatthe gahetvā sagge ṭhapitā viya honti, niyatagatikā kira ete. Porāṇakattherā pana evarūpaṃ bhikkhuṃ cūlasotāpannoti vadanti.*

<sup>26</sup> (a)M I 141: *Evaṃ svākkhāto, bhikkhave, mayā dhammo uttāno vivaṇo pakāsito chinnapilotiko. Evaṃ svākkhāte, bhikkhave, mayā dhamme uttāne vivaṇe pakāsīte chinnapilotike ye te bhikkhū arahanto khīṇāsavaṃ vusitavanto katakaraṇīyā ohitabhārā anuppattasadatthā parikkhīṇabhavasamyojanā sammadaññā vimuttā, vaṭṭaṃ tesam natthi paññāpanāya. Evaṃ svākkhāto, bhikkhave, mayā dhammo uttāno vivaṇo pakāsito chinnapilotiko. Evaṃ svākkhāte, bhikkhave, mayā dhamme uttāne vivaṇe pakāsīte chinnapilotike yesaṃ bhikkhūnaṃ pañcorambhāgiyāni samyojanāni pahīnāni, sabbe te opapātikā, tattha parinibbāyino, anāvattidhammā tasmā lokā. Evaṃ svākkhāto, bhikkhave, mayā dhammo uttāno vivaṇo pakāsito chinnapilotiko. Evaṃ svākkhāte, bhikkhave, mayā dhamme uttāne vivaṇe pakāsīte chinnapilotike yesaṃ bhikkhūnaṃ tīṇi samyojanāni pahīnāni, rāgadosamohā tanubhūtā, sabbe te sakadāgāmino, sakideva imaṃ lokaṃ āgantvā dukkhassantaṃ karissanti. Evaṃ svākkhāto, bhikkhave, mayā dhammo uttāno vivaṇo pakāsito chinnapilotiko.*

From the foregoing it will be seen that the Abhidhamma treatise, the Puggalapaññātti and the present commentary in quoting from it do not deviate from the sutta teaching that the first noble path (*ariyamagga*) is developed (*bhāveti*), though some of the commentaries do.<sup>27</sup> The dhamma-striver and the faith-striver, who are first path-attainers, develop that path, and practise for the realisation of the fruit of stream-entrance; and when they realise the fruit they are called won to view and faith-freed respectively. There is, therefore a time interval between the first path-attainment and its fruit-attainment.

Perhaps it may be of interest to note here that the words "pursues, develops, and cultivates" (*asevati bhaveti bahulikaroti*) are also used in connection with meditation (*jhāna*). Using the simile of the mountain cow, the first portion of which appears above, the Buddha says: "Just as the wise, skilled, and pasture-knowing mountain cow ... so is it when aloof from sense-desires, aloof from evil states of mind, a monk who is wise, skilled, and knowing the soil (for good deeds), attains to, and abides in the first meditation (*jhāna*) which is with initial and sustained application of thought, joy and ease born of detachment; he pursues, develops, and cultivates that sign (*nimitta*), fixing it well."

This is repeated in regard to the second, the third, the fourth meditation, and so on up to the sphere of neither perception nor non-perception.<sup>28</sup> According to the Visuddhimagga the duration of the first meditation is also one thought-moment, thus: "But that Absorption is only of a single conscious moment. For there are seven instances in which the normal extent (of the cognitive series) does not apply. They are in the cases of the first

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*Evaṃ svākkhāte, bhikkhave, mayā dhamme uttāne vivaṭe pakāsīte chinnapilotike yesaṃ bhikkhūnaṃ tīṇi saṃyojanāni pahīnāni, sabbe te sotāpānā, avinipātaḍḍhammā, niyatā sambodhiparāyanā. Evaṃ svākkhāto, bhikkhave, mayā dhammo uttāno vivaṭo pakāsīto chinnapilotiko. Evaṃ svākkhāte, bhikkhave, mayā dhamme uttāne vivaṭe pakāsīte chinnapilotike ye te bhikkhū dhammānusārino saddhānusārino sabbe te sambodhiparāyanā. Evaṃ svākkhāto, bhikkhave, mayā dhammo uttāno vivaṭo pakāsīto chinnapilotiko. Evaṃ svākkhāte, bhikkhave, mayā dhamme uttāne vivaṭe pakāsīte chinnapilotike yesaṃ mayi saddhāmatṭaṃ pemamattāṃ sabbe te saggaparāyanā ti.*

(b) M-a II 120: *Tattha dhammānusārino saddhānusārīnoti ime dve sotāpattimaggaṭṭhā honti. Yathāha – "katamo ca puggalo dhammānusārī? Yassa puggalassa sotāpattiphalasacchikiriyāya paṭipannassa paññīndriyaṃ adhimattāṃ hoti, paññāvāhiṃ paññāpubbaṅgamaṃ ariyamaggaṃ bhāveti. Ayaṃ vuccati puggalo dhammānusārī. Sotāpattiphalasacchikiriyāya paṭipanno puggalo dhammānusārī, phale t̥hito diṭṭhippatto. Katamo ca puggalo saddhānusārī? Yassa puggalassa sotāpattiphalasacchikiriyāya paṭipannassa saddhindriyaṃ adhimattāṃ hoti, saddhāvāhiṃ saddhāpubbaṅgamaṃ ariyamaggaṃ bhāveti. Ayaṃ vuccati puggalo saddhānusārī. Sotāpattiphalasacchikiriyāya paṭipanno puggalo saddhānusārī, phale t̥hito saddhāvimutto ti (Pug 15). Cf. D-a III 890.*

<sup>27</sup> M-a I 363-4; 404

<sup>28</sup> A IV 419–21: *Tathā hi sā, bhikkhave, gāvī pabbateyyā paóóitā byattā khettaññū kusalā visame pabbate caritū. Evamevaí kho, bhikkhave, idhekacco bhikkhu paóóito byatto khettaññū kusalo vivicceva kámehi vivicca akusalehi dhammehi savitakkaí savicáraí vivekajaí pītisukhaí paḥamaí jhānaí upasampajja viharati. So taí nimittai ásevati bhāveti bahulikaroti svādhipphitai adhipphāti. Tassa evaí hoti yainúnáhai vitakkavicáraí vúpasamá ajjhataí sampasádanai cetaso ekodibhávai avitakkaí avicáraí samádhijai pītisukhaí dutiyai jhānaí upasampajja vihareyyanti. So dutiyai jhānaí ... upasampajja viharati. ... nevasaññánásaññáyatanai upasampajja viharati. So taí nimittai ásevati bhāveti bahulikaroti svādhipphitai adhipphāti (taí nimittan ti taí pathamajjhánasaikhátai nimittai—A-a IV 194).*

absorption, the mundane kinds of direct knowledge, the four paths, fruition next after the path ...<sup>29</sup>“

From the foregoing it will be seen that, (1) according to one commentary (the Visuddhimagga) the supramundane paths and fruits, as well as the first meditation (*jhāna*) are one thought-moment in duration; (2) according to another<sup>30</sup> the first supramundane path, since it is one thought-moment in duration, cannot be pursued, developed, and cultivated; (3) yet another,<sup>31</sup> by being silent on the subject, does not deny the possibility of pursuing, developing, and cultivating the first mundane meditation (*jhāna*); (4) the suttas always state that the first supramundane path and the mundane meditations (*jhāna*) are pursued, developed, and cultivated, for further progress.

Here it should be noted that the progress of the seven learners is different from that of the commoner who develops meditation. The learner progresses towards enlightenment and does not retrogress at any time; but it takes seven lives, for instance, in the case of the Stream-Entrant to do this in the normal course of events. It is possible, and the Buddha stressed that it is very desirable, to hasten this process. These two kinds of Stream-Entrant, the one who hastens, and the one who does not do so, both of them progress towards enlightenment by pursuing, developing, and cultivating the path. They are called those who practise for the realisation of the fruit. This holds good for each path. The progress of the commoner who is a first meditation-attainer depends on how much he pursues, develops, and cultivates that meditation. When he gains mastery in it he proceeds to develop the second and so on. Unlike the learner who is free to progress, the commoner is hemmed in on every side by threat of retrogression, which he has to stay by constant effort. The commoner undertakes the first essential steps of putting down the hindrances temporarily, but is still unsure of his ground; the learner is on sure ground, and so is able to subdue the hindrances with greater firmness; the Consummate One utterly destroys the five hindrances with the five aggregates of virtue, concentration, wisdom, freedom, and the knowledge and vision of that freedom.

Closely linked to this teaching of the one-thought-moment-path (*ekacittakkhaṇīkamagga*) is the other teaching concerning the second attribute of the Dhamma, immediate (*akalika*). This word is interpreted in the Visuddhimagga to mean that the path is immediately followed by its fruit (*samanantaraphalatta*). But there are a number of Suttas which do not allow this interpretation. Once the Venerable Upavana Thera asked the Buddha what was the meaning of the following attributes of the Dhamma: “Visible here and now, immediate (*akalika*), inviting to come and see, leading on, to be experienced

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<sup>29</sup> Vism 138: *Sā ca pana ekacittakkhaṇīkāyeva. Sattasu hi ṭhānesu addhānaparicchedo nāma natthi paṭhamappanāyam, lokiyābhiññāsu, catūsu maggesu, maggānantaraphale ...* (The Venerable Nāṇamoli Thera’s translation. He translates *jhāna* with “absorption”).

<sup>30</sup> A-a III 142 (See note 22 above).

<sup>31</sup> A-a Sinh. Ed., p. 803.

individually by the wise.<sup>32</sup>” The Buddha in reply said: “Here, Upavana, a monk seeing a form with the eye experiences form, experiences lust for form. And of that lust for forms which is within him, he knows: ‘Within me is lust for forms.’ Whichever monk seeing a form with the eye experiences forms, and experiences lust for forms, and when there is lust for forms within, knows: ‘Within me is lust for forms’, even this indeed is the Teaching visible here and now, immediate (*akalika*), inviting to come and see, leading on, to be experienced individually by the wise” This is so with regard to the other sense-bases too. Now the commentary to this Sutta<sup>33</sup> merely refers the reader to the Visuddhimagga for the interpretation of “visible here and now (*sandiṭṭhika*)” and the other attributes of the Dhamma.

And this is what the Visuddhimagga says: “(Not delayed:) it has no delay (lit, takes no time-*kala*) in the matter of giving its own fruit, thus it is ‘without delay (*akāla*).’ ‘Without delay’ is the same as ‘not delayed (*akālīka*).’ What is meant is that instead of giving its fruit after creating a delay (using up time), say, five days, seven days, it gives its fruit immediately next to its own occurrence.

“Or alternatively, what is delayed (*kalika*—lit. ‘what takes time’) is what needs some distant time to be reached before it can give its fruit. What is that? It is the mundane law of profitable (*kamma*). This, however, is undelayed (*na kalika*) because its fruit comes immediately next to it, so it is ‘not delayed (*akalika*).’

“This is said in reference to the path.<sup>34</sup>”

Here, in explaining the term “immediate” as applied to the path, the Visuddhimagga does not resort to its usual practice of citing appropriate authority, often a sutta passage, in support of the position it takes up when important questions such as this are examined. But it merely sets forth its own interpretation which does not enjoy the sanction of the sutta just considered, nor of the following.

(1) “The lustful man because of lust thinks thoughts hurtful to himself, thinks thoughts hurtful to others, thinks thoughts hurtful both to himself and others. Lust abandoned, he does not think thoughts hurtful to himself, nor to others, nor to both himself and others; thus these are visible (*akalika*), inviting to come and see, leading on, to be experienced individually by the wise.<sup>35</sup>”

<sup>32</sup> S IV 41: *Idha pana, upavāna, bhikkhu cakkhunā rūpaṃ disvā rūpappaṭisaṃvedī ca hoti rūparāgappaṭisaṃvedī ca. Santaṅca ajjhataṃ rūpesu rāgaṃ ‘atthi me ajjhataṃ rūpesu rāgo’ ti pajānāti. Yaṃ taṃ, upavāna, bhikkhu cakkhunā rūpaṃ disvā rūpappaṭisaṃvedī ca hoti rūparāgappaṭisaṃvedī ca. Santaṅca ajjhataṃ rūpesu rāgaṃ ‘atthi me ajjhataṃ rūpesu rāgo’ ti pajānāti. Evampi kho, upavāna, sandiṭṭhiko dhammo hoti akālīko ehipassiko opaneyyiko pacattaṃ veditabbo viññūhī ti.*

<sup>33</sup> S-a II 368: *Sandiṭṭhikotiādini visuddhimagge vuttatthāneva.*

<sup>34</sup> Vism 1, 216: *Attano phaladānaṃ sandhāya nāssa kāloti akālo. Akāloyeva akālīko. Na pañcāhasattāhādibhedam kalam khetvā phalam deti, attano pana pavattisamanantameva phaladoti vuttam hoti. Atha vā attano phaladāne pakatṭho kālo patto assāti kālīko. Ko so? Lokiyo kusaladhammo. Ayam pana samanantaraphalattā na kālikoti akālīko. Idam maggameva sandhāya vuttam.* (The Venerable Nāṇamoli Thera’s translation, *The Path of Purification*, p. 234.)



(2) “Should there be any cankers distressing and painful that rise by reason of bodily activity, to him who abstains from bodily activity, the cankers which are thus with distress and pain exist not.

“He does not do any new action. Repeatedly contacting the old action, he wears it out visible here and now, immediate (*akalika*), inviting to come and see, leading on to be experienced individually by the wise.” So also with regard to verbal and mental activity.

These two Sutta passages too teach the immediacy of each of these living experiences; it does not take time to know that the defilements are abandoned when they are

<sup>35</sup> (a) S IV 339: *Yaṃ ratto rāgādhipakāraṇaṃ attabyābādhāyapi ceteti, parabyābādhāyapi ceteti, ubhayabyābādhāyapi ceteti. Rāge pahīne nevattabyābādhāyapi ceteti, na parabyābādhāyapi ceteti, na ubhayabyābādhāyapi ceteti. Sandiṭṭhikā nijjarā akālikā ehipassikā opaneyyikā paccattaṃ veditabbā viññūhi. Yaṃ duṭṭho ... Yaṃ mūlho ... veditabbā viññūhi.*

(b) A II 197-98: *Taṃ kiṃ maññasi, vappa, ye kāyasamārambhapaccayā uppajjanti āsavā vighātaparilāhā, kāyasamārambhā paṭiviratassa evaṃsa te āsavā vighātaparilāhā na honti. So navañca kammaṃ na karoti, purāñca kammaṃ phussa phussa byantikaroti, sandiṭṭhikā nijjarā akālikā ehipassikā opaneyyikā paccattaṃ veditabbā viññūhi. Passasi no tvaṃ, vappa, taṃ thānaṃ yatoniḍānaṃ purisaṃ dukkhavedaniyā āsavā assaveyyuṃ abhisamparāyanti? No heṭaṃ, bhante’.*

(c) A III 357-58: *Atha kho aññataro brāhmaṇo yena bhagavā tenupasaṅkami; upasaṅkamitvā bhagavatā saddhiṃ sammodi. Sammodanīyaṃ kathaṃ saraṇīyaṃ vītisāretvā ekamantaṃ nisīdi. Ekamantaṃ nisinno kho so brāhmaṇo bhagavantaṃ etadavoca – “sandiṭṭhiko dhammo, sandiṭṭhiko dhammo’ti, bho gotama, vuccati. Kittāvataṃ nu kho, bho gotama, sandiṭṭhiko dhammo hoti akāliko ehipassiko opaneyyiko paccattaṃ veditabbo viññūhi’ti?*

*“Tena hi, brāhmaṇa, taññevettha paṭipucchissāmi. Yathā te khameyya tathā naṃ byākareyyāsi. Taṃ kiṃ maññasi, brāhmaṇa, santaṃ vā ajjhattaṃ rāgaṃ ‘atthi me ajjhattaṃ rāgo’ti pajānāsi, asantaṃ vā ajjhattaṃ rāgaṃ ‘natthi me ajjhattaṃ rāgo’ti pajānāsi’ti? “Evaṃ, bho’’. “Yaṃ kho tvaṃ, brāhmaṇa, santaṃ vā ajjhattaṃ rāgaṃ ‘atthi me ajjhattaṃ rāgo’ti pajānāsi, asantaṃ vā ajjhattaṃ rāgaṃ ‘natthi me ajjhattaṃ rāgo’ti pajānāsi – evampi kho, brāhmaṇa, sandiṭṭhiko dhammo hoti...pe....*

*“Taṃ kiṃ maññasi, brāhmaṇa, santaṃ vā ajjhattaṃ dosaṃ...pe... santaṃ vā ajjhattaṃ mohaṃ...pe... santaṃ vā ajjhattaṃ kāyasandosaṃ...pe... santaṃ vā ajjhattaṃ vacīsandosaṃ...pe... santaṃ vā ajjhattaṃ manosandosaṃ ‘atthi me ajjhattaṃ manosandoso’ti pajānāsi, asantaṃ vā ajjhattaṃ manosandosaṃ ‘natthi me ajjhattaṃ manosandoso’ti pajānāsi’ti? “Evaṃ, bho’’. “Yaṃ kho tvaṃ, brāhmaṇa, santaṃ vā ajjhattaṃ manosandosaṃ ‘atthi me ajjhattaṃ manosandoso’ti pajānāsi, asantaṃ vā ajjhattaṃ manosandosaṃ ‘natthi me ajjhattaṃ manosandoso’ti pajānāsi – evaṃ kho, brāhmaṇa, sandiṭṭhiko dhammo hoti akāliko ehipassiko opaneyyiko paccattaṃ veditabbo viññūhi’ti.*

(d) A 11 58-59: *Ekamantaṃ nisinno kho jāṇussoṇi brāhmaṇo bhagavantaṃ etadavoca sandiṭṭhikaṃ nibbānaṃ sandiṭṭhikaṃ nibbāna’nti, bho gotama, vuccati. Kittāvataṃ nu kho, bho gotama, sandiṭṭhikaṃ nibbānaṃ hoti akālikam ehipassikam opaneyyikam paccattaṃ veditabbam viññūhi ti? Ratto kho, brāhmaṇa, rāgena abhibhūto pariyaḍinnacitto attabyābādhāyapi ceteti, parabyābādhāyapi ceteti, ubhayabyābādhāyapi ceteti, cetasikampi dukkhaṃ domanassaṃ paṭisaṃvedeti. Rāge pahīne nevattabyābādhāyapi ceteti, na parabyābādhāyapi ceteti, na ubhayabyābādhāyapi ceteti, na cetasikampi dukkhaṃ domanassaṃ paṭisaṃvedeti. Evampi kho, brāhmaṇa, sandiṭṭhikaṃ nibbānaṃ hoti. Duṭṭho kho, ... mūlho kho, ... domanassaṃ paṭisaṃvedeti. Evampi kho, brāhmaṇa, sandiṭṭhikaṃ nibbānaṃ hoti. Yato kho ayaṃ, brāhmaṇa, anavasesaṃ rāgakkhayaṃ paṭisaṃvedeti, anavasesaṃ dosakkhayaṃ paṭisaṃvedeti, anavasesaṃ mohakkhayaṃ paṭisaṃvedeti; evaṃ kho, brāhmaṇa, sandiṭṭhikaṃ nibbānaṃ hoti akālikam ehipassikam opaneyyikam paccattaṃ veditabbam viññūhi’ti.*

(e) A III 356-57: *Ekamantaṃ nisinno kho molīyasīvoako paribbājako bhagavantaṃ etadavoca sandiṭṭhiko dhammo, sandiṭṭhiko dhammo’ti, bhante, vuccati. Kittāvataṃ nu kho, bhante, sandiṭṭhiko dhammo hoti akāliko ehipassiko opaneyyiko paccattaṃ veditabbo viññūhi ti? Tena hi, sīvaka, taññevettha paṭipucchāmi. Yathā te khameyya tathā naṃ byākareyyāsi. Taṃ kiṃ maññasi, sīvaka, santaṃ vā ajjhattaṃ lobhaṃ ‘atthi me ajjhattaṃ lobho’ti pajānāsi, asantaṃ vā ajjhattaṃ lobhaṃ ‘natthi me ajjhattaṃ lobho’ti pajānāsi’ti? “Evaṃ, bhante’’. Yaṃ kho tvaṃ, sīvaka, santaṃ vā ajjhattaṃ lobhaṃ ‘atthi me ajjhattaṃ lobho’ti pajānāsi, asantaṃ vā ajjhattaṃ lobhaṃ ‘natthi me ajjhattaṃ lobho’ti pajānāsi – evampi kho, sīvaka, sandiṭṭhiko dhammo hoti...pe.... Taṃ kiṃ maññasi, sīvaka, santaṃ vā ajjhattaṃ dosaṃ...pe... santaṃ vā ajjhattaṃ mohaṃ...pe... santaṃ vā ajjhattaṃ*

abandoned; they are known at once. Similarly, if the path (*magga*) is attained, that attainment is known without any delay (*akalika*). If the fruit (*phala*) is attained, that also is known without any delay (*akalika*).

The following passage contrasts that which is subject to time with that which is immediate (*akalika*): “Then Māra, the Evil One, created the form of a brahmin with a great topknot, wearing a cheetah skin (consisting of one whole skin, with claws and hair, and split in the middle), frail, crooked as a rafter, breathing heavily, and gripping a walking-stick made of fig-wood, approached those monks. Having approached, he said this: ‘Sirs, young, with very, very black hair, and with auspicious youth, you have gone forth, not having yet enjoyed in youth sensual pleasures to the full. Enjoy, sirs, the pleasures that are human. Do not forsake the visible here and now, and pursue things subject to time.’ ‘We have not, brahmin, pursuing things subject to time, forsaken the visible here and now. Things subject to time (*kalika*), the Blessed One has said, are sense-desires, and abound in ill, abound in despair; the danger herein is more. This Dhamma is visible here and now, immediate (*akalika*), inviting to come and see, leading on, to be experienced individually by the wise,’ replied the monks.<sup>36</sup>”

Things subject to time take time to bear fruit; the Dhamma bears fruit immediately in that when one abandons evil, he knows that he has done so; the wearing out of the old evil kamma and doing no new ones is called visible here and now, immediate (*akalika*), and so forth.

Further, the following Sutta, which teaches how the path-attainer becomes fruit-attainer, does not support the view that the path is immediately followed by its fruit. According to this Sutta<sup>37</sup> the two persons established in the path of Stream-Entrance, that is to say, the dhamma-striver and the faith-striver, are incapable of passing away without realising the fruit of Stream-Entrance. This does not mean that the fruit immediately follows the path. Had it been so this would have been a most appropriate occasion for the Buddha to have said it; further, considered in the light of this Sutta, death would be the proximate

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*lobhadhammaṃ...pe... santaṃ vā ajjhattaṃ dosadhammaṃ...pe... santaṃ vā ajjhattaṃ mohadhammaṃ ‘atthi me ajjhattaṃ mohadhammo’ ti pajānāsi, asantaṃ vā ajjhattaṃ mohadhammaṃ ‘natthi me ajjhattaṃ mohadhammo’ ti pajānāsi’ ti? “Evaṃ, bhante”. “Yaṃ kho tvaṃ, sīvaka, santaṃ vā ajjhattaṃ mohadhammaṃ ‘atthi me ajjhattaṃ mohadhammo’ ti pajānāsi, asantaṃ vā ajjhattaṃ mohadhammaṃ ‘natthi me ajjhattaṃ mohadhammo’ ti pajānāsi evaṃ kho, sīvaka, sandiṭṭhiko dhammo hoti akāliko ehipassiko opaneyyiko paccattaṃ veditabbo viññūhi’ ti.*

<sup>36</sup> S I 117: *Atha kho māro pāpimā brāhmaṇavaṇṇaṃ abhinimminivā mahantena jaṭaṇḍuvena ajinakkhipanivatto jīṇṇo gopānasivaṅko ghuruḅhurupassāsī udumbaraḍaṇḍaṃ gāhetvā yena te bhikkhū tenupasaṅkami; upasaṅkamitvā te bhikkhū etadavoca – “dahaṛā bhavanto pabbajitā susū kāḷakesā bhadrena yobbanena samannāgatā paṭhamena vayasā anikkilītavīno kāmesu. Bhuñjantu bhavanto mānusaḷe kāme. Mā sandiṭṭhikaṃ hitvā kālikaṃ anudhāvithā” ti. “Na kho mayaṃ, brāhmaṇa, sandiṭṭhikaṃ hitvā kālikaṃ anudhāvāma. Kālikaṃ hi, brāhmaṇa, hitvā sandiṭṭhikaṃ anudhāvāma. Kālikā hi, brāhmaṇa, kāma vuttā bhagavatā bahudukkā bahupāyāsā, ādīnava ettha bhiyyo. Sandiṭṭhiko ayaṃ dhammo akāliko ehipassiko opaneyyiko paccattaṃ veditabbo viññūhi’ ti. Evaṃ vutte, māro pāpimā sīsaṃ okampetvā jīvaṃ nillāletvā tivisākaṃ nalāṭe nalāṭikaṃ vuttāpetvā daṇḍamolubbha pakkāmi.*

<sup>37</sup> S III 225.

cause of immediate fruit-attainment. But we know of numbers of Stream-Entrants (*sotāpanna*) who have lived on for sometime after attaining the fruit of Stream-Entrance, notable among whom is the Venerable Ānanda Thera.

Now this is what the commentary to this Sutta says, “With this arisen path there is no danger to the fruit. Hence it is said: ‘When this person is working for the realisation of the fruit of Stream-Entrance, and it happens to be the time for the burning up of the aeon, the aeon does not burn up so long as this person does not realise the fruit of Stream-Entrance. He is called holder up of the aeon.’<sup>38</sup>” Here the commentary has quoted from the Puggalapaññātti.

The above shows that there is more of a gap in time between the occurrence of the path and that of the fruit, rather than an immediate occurrence of the fruit following the path. It is to reduce this gap, and so to hasten fruit-attainment that the Buddha exhorts the learners (*sekha*), included among whom are the dhamma-striver and the faith-striver being the two kinds of first path-attainers, and who are likened to a baby calf just born, to act with diligence (*appamadena karaniyam*). Failure to do so would mean delaying till death to reach the fruit. But the Buddha does not favour this delay.

The Buddha illustrated the magnitude of the Stream-Entrant’s achievement with a simile. He says that just as the bit of soil he had placed on his nail is very small in comparison with the great earth, so the ill (*dukkha*) that the Stream-Entrant has destroyed is as vast as the earth; and what remains to be endured during the maximum of seven births left to him is comparable to the little bit of soil on the Buddha’s nail.<sup>39</sup> He has also extolled this achievement in the Dhammapada: “Better than sole kingship of the earth, better than going to heaven, better than supreme rulership of all the worlds, is the fruit of Stream-Entrance.<sup>40</sup>” Yet, as we have already seen, he exhorts all the Noble Ones, except the Consummate One, to act with diligence and to hasten the attainment of realising Nibbāna. They are freed from birth in the four evil states of existence too. The following statement of the Buddha perhaps partly indicates the reason for his insistence on diligence. He says: “Monks, just as a little bit of faeces is foul-smelling, even so do I not praise existence, not

<sup>38</sup> S-a II 346: *Abhabbo ca tāva kālaṃ kātunti iminā uppanne magge phalassa anantarāyataṃ dīpeti.*

*Uppannasmiñhi magge phalassa antarāyakaraṇaṃ nāma natthi. Tenevāha ayañca puggalo sotāpattiphalaśacchikiriyāya paṭipanno assa, kappassa ca udḍayhanavelā assa, neva tāva kappo udḍayheyya, yāvāyaṃ puggalo na sotāpattiphalaṃ sacchikaroti, ayaṃ vuccati puggalo ṭhitakappi ti (Pug 13)*

<sup>39</sup> S II 133: *Etadeva, bhante, bahutaraṃ, yadidaṃ mahāpathavī. Appamattako bhagavatā paritto nakhasikhāyaṃ paṃsu āropito. Neva satimaṃ kalaṃ upeti na sahasimaṃ kalaṃ upeti na sataśahassimaṃ kalaṃ upeti mahāpathavīṃ upanidhāya bhagavatā paritto nakhasikhāyaṃ paṃsu āropito ti. Evameva kho, bhikkhave, ariyasāvakaśsa dīṭṭhisampannaśsa puggalaśsa abhisametāvino etadeva bahutaraṃ dukkhaṃ yadidaṃ parikkhīṇaṃ pariyādiṇṇaṃ; appamattakaṃ avasiṭṭhaṃ. Neva satimaṃ kalaṃ upeti na sahasimaṃ kalaṃ upeti na sataśahassimaṃ kalaṃ upeti purimaṃ dukkhakkhandhaṃ parikkhīṇaṃ pariyādiṇṇaṃ upanidhāya yadidaṃ sattakkhattuṃparamatā. Evaṃ mahatthiyo kho, bhikkhave, dhammābhisamayo; evaṃ mahatthiyo dhammacakkhupaṭilābho ti.*

<sup>40</sup> Dh 178: *Paṭhavayā ekarajjena saggassa gamanena vā Sabbalokadhipaccena sotāpattiphalaṃ varaṃ.*

even for so brief a time as is needed for a finger-snap.<sup>41</sup> Again he says: “Cross over this place of torment.<sup>42</sup>”

It is, therefore not surprising to find these last words of the Buddha recorded in the Mahā-parinibbāna Sutta: “The least of these five hundred monks, Ānanda, is a Stream-Entrant, not liable to be born in evil states of existence, and is assured of attaining enlightenment.” Then the Blessed One addressed the monks: “Transient are component things; finish with diligence.<sup>43</sup> Since this instruction does not apply to the Consummate One, and since there were no newly born Stream-Entrant path-attainers, viz., the dhamma-striver and the faith-striver, present, these last words were meant for the six learners beginning with the Stream-Entrant (*sotāpanna*). When the teaching of diligence (*appamada*) is so important to those who are bound for enlightenment and are on safe ground, how much more should it be to those still struggling in the plane of the commoner (*puthujjanabhūmi*) yearning for the deathless (*amata*)? And here one is reminded of the Dhammapada stanza:<sup>44</sup>

*“The path to deathlessness is diligence,*

*And what to death leads on is negligence.*

*The men who diligent are never die;*

*The negligent ones are, as it were, dead.<sup>45</sup>”*

That the path-attainer engages himself in many activities before he attains to the corresponding fruit is stated in many Suttas. The following are some instances: (1) The Buddha says that monks desirous of material gain praise one another in the presence of laymen clad in white thus: “Such and such a monk is freed in both ways; such and such a monk is wisdom-freed; such and such a monk is a body-witness; such and such a monk won to view; such and such a monk is faith-freed; such and such a monk is a dhamma-striver; and such and such a monk is a faith-striver.”<sup>46</sup> (2) The Buddha asks the Venerable Bhaddali Thera what he thinks would be the attitude of a monk freed in both ways if the Buddha told him: “Come here, monk, be a plank on the mud for me to pass over;” what would he do he asks: “Would he make a plank of himself, or would he writhe his body in another direction,

<sup>41</sup> A I 34: *Seyyathā pi, bhikkhave, appamattakopi gūtho duggandho hoti; evamevaṃ kho ahaṃ, bhikkhave, appamattakampi bhavaṃ na vaṇṇemi, antamaso accharāsaṅghātamattampi.*

<sup>42</sup> Sn 706: *Tareyya narakam imaṃ.*

<sup>43</sup> D II 155–56: *Imesañhi, ānanda, pañcannaṃ bhikkhusatānaṃ yo pacchimako bhikkhu, so sotāpanno avinipātadhammo niyato sambodhiparāyaṇo ti. Atha kho bhagavā bhikkhū āmantesi: handa dāni, bhikkhave, āmantayāmi vo, vayadhammā saṅkhārā appamādena sampādethā ti. Ayaṃ tathāgatassa pacchimā vācā.*

<sup>44</sup> Dh 21: *Appamādo amatapadaṃ, pamādo maccuno padaṃ appamatto no mīyanti ye pamattā yathā matā.*

<sup>45</sup> Soma Thera’s Translation.

<sup>46</sup> A I 73–74: *Katamā ca, bhikkhave, āmisagaru parisā no saddhammagaru? Idha, bhikkhave, yassaṃ parisāyaṃ bhikkhū gihīnaṃ odāvasanānaṃ sammukhā aññamaññassa vaṇṇaṃ bhāsanti – ‘asuko bhikkhu ubhatobhāgavimutto, asuko paññāvimutto, asuko kāyasakkhī, asuko diṭṭhippatto, asuko saddhāvimutto, asuko dhammānusārī, asuko saddhānusārī, asuko silavā kalyāṇadhammo, asuko dussīlo pāpadhammoti.*

or would he say, ‘No?’” To which the Venerable Bhaddali Thera replies, “No, indeed, Venerable sir.” Then the Buddha puts the same question to him regarding the wisdom-freed, the body-witness, him who has won to view, the faith-freed, the dhamma-striver, and the faith-striver. The reply of the Venerable Bhaddali Thera again in each case is “No, indeed, venerable sir.”<sup>47</sup> (3) The Non-Returner Ugga, the householder of Hatthigama, tells a certain monk that when he invites the Sangha to a meal devas come to him and tell him: “Such and such a monk is freed in both ways; such and such and such a monk is wisdom-freed; such and such a monk is a body-witness; such and such a monk is won to view; such and such a monk is faith-freed; such and such a monk is a dhamma-striver; such and such a monk is a faith-striver; such and such a monk is a virtuous one, of good conduct; such and such a monk is a bad character, of evil habits” But he says that when he serves alms to the Sangha no thoughts, such as: “Let me give to him a little, to him plenty”, arise in him. He further says: “But, venerable sir, I give with an equal mind.”<sup>48</sup>

Here the dhamma-striver and the faith-striver who are attainers of the first path, along with the others, are either pointed out, or are asked to do something, or are partaking of a meal; and to do any one of these things necessarily takes time, more than one thought-moment. They are appropriately called those who work. The most important work they do is for the realisation of the fruit of Stream-Entrance. Similarly the other path-attainers work for the realisation of their respective fruits as stated earlier. It also occurs in the following Sutta: “ Just as, Paharada, the great ocean is the abode of huge beings ... so is this doctrine and discipline the abode of great beings. They are: (1) the Stream-Entrant, (2) he who practises for the realisation of the fruit of Stream-Entrance, (3) the Once-Returner, (4) he who practises for the realisation of the fruit of Once-Return, (5) the Non-Returner, (6) he who practises for the realisation of the fruit of Non-Return, (7) the Consummate One, (8) he who practises for (the realisation of) the consummate state.” More light is shed on the subject by the following Sutta and its commentary.<sup>49</sup>

<sup>47</sup> M I 439–40: *Taṃ kiṃ maññasi, bhaddāli, idhassa bhikkhu ubhatobhāgavimutto, tamahaṃ evaṃ vadeyyaṃ – ‘ehi me tvaṃ, bhikkhu, pañke saṅkamo hohī ti, api nu kho so saṅkameyya vā aññena vā kāyaṃ sannāmeyya, no ti vā vadeyyā ti? No hetam, bhante. Taṃ kiṃ maññasi, bhaddāli, idhassa bhikkhu paññāvimutto ... kāyasakkhi ... diṭṭhippattro ... saddhāvimutto ... dhammānusārī ... saddhānusārī, tamahaṃ evaṃ vadeyyaṃ: ehi me tvaṃ, bhikkhu, pañke saṅkamo hohī ti, api nu kho so saṅkameyya vā aññena vā kāyaṃ sannāmeyya, no ti vā vadeyyā ti? No hetam, bhante.*

<sup>48</sup> A IV 215: *Anacchariyaṃ kho pana, bhante, saṅghe nimantite devatā upasaṅkavitvā ārocenti – ‘asuko, gahapati, bhikkhu ubhatobhāgavimutto asuko paññāvimutto asuko kāyasakkhī asuko diṭṭhippattro asuko saddhāvimutto asuko dhammānusārī asuko saddhānusārī asuko sīlavā kalyāṇadhammo asuko dussīlo pāpadhammo’ ti. Saṅghaṃ kho panāhaṃ, bhante, parivisanto nābhijānāmi evaṃ cittaṃ uppādentō – ‘imassa vā thokaṃ demi imassa vā bahuka’nti. Atha khoāhaṃ, bhante, samacittova demi.*

<sup>49</sup> (a) A IV 203–4: *Seyyathā pi, pahārāda, mahāsamuddo mahataṃ bhūtānaṃ āvāso; tatrime bhūtā – timi timiṅgalo timirapiṅgalo asurā nāgā gandhabbā; santi mahāsamudde yojanasatikāpi attabhāvā, dviyojanasatikāpi attabhāvā, tiyojanasatikāpi attabhāvā, catuyojanasatikāpi attabhāvā, pañcayojanasatikāpi attabhāvā; evamevaṃ kho, pahārāda, ayaṃ dhammavinayo mahataṃ bhūtānaṃ āvāso; tatrime bhūtā sotāpanno sotāpattiphalasacchikiriyāya paṭipanno, sakadāgāmī sakadāgāmiphelasacchikiriyāya paṭipanno, anāgāmī anāgāmiphelasacchikiriyāya paṭipanno, arahā arahattāya paṭipanno.*

“Monks, those monks, recently gone forth, new comers to this doctrine and discipline, should be spurred on to, advised, and made firm, in the development of the four foundations of mindfulness. Which four and how? (Thus) Come brothers, (a) ardent, fully aware, singleminded (*ekodi-bhūta*), with thought quite purified (*vippasannacitta*), concentrated (*samahita*) and unified of mind (*ekagga-citta*), dwell practising body-contemplation on the body for (the purpose of attaining to) the knowledge of the body as it really is; (b) ardent ... dwell practising feeling-contemplation on feelings for (the purpose of attaining to) the knowledge of feelings as they are; (c) ardent ... dwell practising mind-contemplation on the mind for (the purpose of attaining to) the knowledge of the mind as it really is; (d) ardent ... dwell practising phenomenon-contemplation on phenomena for (the purpose of attaining to) the knowledge of phenomena as they really are.

“Monks, those who are learners (*sekha*), who with non-negligent minds, and aspiring for the peerless freedom from all bonds, they too, (a) ardent, fully aware, single-minded, with thought quite purified, concentrated, and unified of mind, dwell practising body-contemplation on the body for (the purpose of attaining to) full knowledge of the body; (b) ardent, fully aware, single-minded, with thought quite purified, concentrated, and unified of mind, dwell practising feeling-contemplation on feelings for (the purpose of attaining to) full knowledge of feelings; (c) ardent fully aware, single-minded, with thought quite purified, concentrated, and unified of mind, dwell practising mind-contemplation on the mind for (the purpose of attaining to) full knowledge of the mind; (d) ardent, fully aware, single-minded, with thought quite purified, concentrated, and unified of mind, dwell practising phenomenon-contemplation on phenomena for (the purpose of attaining to) full knowledge of phenomena.

“Monks, those who are Consummate Ones, who have destroyed the cankers, perfected, who have done what had to be done, who have laid down the burden, who have won to the goal, who have destroyed the fetters of the states of existence, and are freed by uttermost knowledge, they too, (a) ardent, fully aware, single-minded, with thought quite purified, concentrated and unified of mind, dwell practising body-contemplation on the body detached from the world as regards the body; (b) ardent ... dwell practising feeling-contemplation on feelings detached from the world as regards feelings; (c) ardent ... dwell practising mind-contemplation on the mind detached from the world as regards the mind; (d) ardent ... dwell practising phenomenon-contemplation on phenomena detached from the world as regards phenomena.<sup>50</sup>”

(b) A I 44 *Ekaḍḍhammo, bhikkhave, bhāvito bahulīkato sotāpattiphalasacchikiriyāya saṃvattati... sakadāgāmiphalaśacchikiriyāya saṃvattati... anāgāmiphalaśacchikiriyāya saṃvattati... arahattaphalaśacchikiriyāya saṃvattati. Katamo ekaḍḍhammo? Kāyagatāsati.*

<sup>50</sup> S V 144–45: *Ye te, bhikkhave, bhikkhū navā acirapabbajitā adhunāgatā imaṃ dhammavinayaṃ, te vo, bhikkhave, bhikkhū catunnaṃ satipaṭṭhānānaṃ bhāvanāya samādapetabbā nīvesetabbā paṭiṭṭhāpetabbā. Katamesaṃ catunnaṃ? Etha tumhe, āvuso, kāye kāyānupassino viharatha ātāpino sampajānā ekodibhūtā vip̄pasannacittā samāhitā ekaggacittā, kāyassa yathābhūtaṃ ñāṇāya; vedanāsu vedanānupassino viharatha ... citte cittānupassino viharatha ... dhammesu dhammānupassino viharatha ātāpino sampajānā ekodibhūtā*

It is well known that only path-attainers are capable of becoming fruit-attainers; and that the seven learners (*sekha*) are the four path-attainers and the first three fruit-attainers. According to the Sutta cited above all learners too develop the four foundations of mindfulness “for (the purpose of attaining to) full knowledge” of body, feelings mind, and phenomena respectively. And the development of each foundation of mindfulness is preceded by the following qualification as well: “ardent, fully aware, single-minded, with thought quite purified, concentrated and unified of mind.” All this activity, the development of the four foundations of mindfulness together with the qualification that has to precede this development, it will be noted, necessarily takes time, its duration varying according to the capacity of the individual learner (*sekha*) concerned. This being so, path-attainment cannot be immediately followed by fruit-attainment.

The relationship between the path-attainer and the fruit-attainer is stated here: the fruit-attainer and he who realises the fruit. In other words: the Stream-Entrant who is the fruit-attainer on the one hand, and the path-attainer, who is either the dhamma-striver or the faith-striver, practising for the realisation of that fruit on the other; the Once-Returner who is fruit-attainer on the one hand, and the path-attainer practising for the realisation of that fruit on the other; the Non-Returner who is the fruit-attainer on the one hand, and the path-attainer practising for the realisation of that fruit on the other; and the Consummate One who is the fruit-attainer on the one hand, and the path-attainer practising for the realisation of that fruit on the other. Therefore it is clear that path-attainment is not immediately followed by fruit-attainment, except possibly where imminent death of the newly arisen Path-Attainer intervenes, when, of course, fruit-attainment taking precedence over death, according to the Sutta quoted earlier would immediately follow path-attainment. This is the only instance one can think of where the path is immediately followed by its fruit, fruit-attainment precipitated by impending death.

From the foregoing we have seen:

(1) that the dhamma-striver and the faith-striver are those who, transcending the plane of the commoner, have entered the right path, entered the plane of the worthy;

(2) that they are endowed with the five controlling faculties which only the Noble Ones possess, unshared by the commoner;

(3) that they are endowed with the path of Stream-Entrance (*sotāpattimaggasamangino*);

(4) that they are established in the path of Stream-Entrance (*sotāpattimaggattha*);

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*vippasannacittā samāhitā ekaggacittā, dhammānaṃ yathābhūtaṃ ñāṇāya.*

*Yepi te, bhikkhave, bhikkhū sekhā appattamānasā anuttaraṃ yogakkhemaṃ patthayamānā viharanti, tepi kāye kāyānupassīno viharanti ātāpīno sampajānā ekodibhūtā vippasannacittā samāhitā ekaggacittā, kāyassa pariññāya; ...*

*Yepi te, bhikkhave, bhikkhū arahanto khīṇāsavā vusitavanto katakaraṇīyā ohitabhārā anuppattasatthā parikkhīṇabhavasamyojanā sammadaññā vimuttā, tepi kāye kāyānupassīno viharanti ātāpīno sampajānā ekodibhūtā vippasannacittā samāhitā ekaggacittā, kāyena viṣaṇyuttā; ...*

(5) that they are incapable of passing away without realising the fruit of Stream-Entrance;

(6) that there are four persons who are practising the same four things each for the realisation of the four fruits. These four persons are identified in the Puggalapaññātti (p.73) as the four path-attainers thus (see Human Types<sup>103</sup>):

“Here, who are the four persons who are path-endowed, and who the four persons who are fruit-endowed?”

The Stream-Entrant, and he who practises for the realisation of the fruit of Stream-Entrance; the Once-Returner, and he who practises for the realisation of the fruit of Once-Return; the Non-Returner, and he who practises for the realisation of the fruit of Non-Return; and the Consummate One, and he who practises for the realisation of the fruit of the consummate state. These four persons are path-endowed, and these four are fruit-endowed.<sup>51</sup>”

It will be noted that these are the four pairs of persons, the eight kinds of individuals (*cattari purisayugani attha purisa puggala*) often mentioned in the Suttas.

Path- and fruit-attainment is a two-way process, i.e., an abandonment and a development, as in the case of meditation (*jhāna*) attainment. What was stated so far is the way of development. One aspect of the way of abandonment is stated in the following passage from the Puggalapaññātti (pp. 17–18) (see *Human Types* 26–27).

The person practising for the abandonment of the three fetters is the person practising for the realisation of the fruit of Stream-Entrance; the person whose fetters are abandoned is called Stream-Entrant.<sup>52</sup>

The person practising for the decrease of lust and ill-will is the person practising for the realisation of the fruit of Once-Return; the person whose lust and ill-will have been decreased is called Once-Returner.

The person practising for the complete abandonment of lust for rebirth in the form and formless worlds, of pride, agitation, and ignorance is the person practising for the realisation of the fruit of the consummate state; the person whose lust for rebirth in the form and formless worlds, pride, agitation, and ignorance are abandoned completely is called the Consummate One.

Another fact that is clearly stated here and which is in conformity with the Suttas cited earlier is that it is the fruit-attainer who abandons the fetters. The path-attainer works for that end with the attainment of which he becomes fruit-attainer. Thus the path-attainer has much to do which occupies much more than one thought-moment of his time, for it

<sup>51</sup> Pug 73: *Tattha katame cattāro maggasamaṅgino, cattāro phalasamaṅgino puggalā? Sotāpanno, sotāpattiphalasacchikiriyāya paṭipanno; sakadāgāmī, sakadāgāmiphalasacchikiriyāya paṭipanno; anāgāmī, anāgāmiphalasacchikiriyāya paṭipanno; arahā, arahattaphalasacchikiriyāya paṭipanno; ime cattāro maggasamaṅgino, ime cattāro phalasamaṅgino puggalā.*

<sup>52</sup> Pug 17f.: *Katamo ca puggalo sotāpanno sotāpattiphalasacchikiriyāya paṭipanno? Tiṇṇaṃ saṃyojanānaṃ pahānāya paṭipanno puggalo sotāpattiphalasacchikiriyāya paṭipanno. Yassa puggalassa tīṇi saṃyojanāni pahānāni – ayaṃ vuccati puggalo sotāpanno.*



takes all the path-attainer's time to mature into fruit-attainer before he passes away from that life.

The facts so far considered leave no room for the view that the path is immediately followed by its fruit, since the four path-attainers have to work with diligence just as much as the three fruit-attainers. The Buddha has declared that the seven learners are not exempt from this requirement. Only the Consummate One is not bound by it. The path-attainer does not automatically attain to the fruit immediately just by virtue of his path-attainment. According to the Suttas one of two things make fruit-attainment possible: (1) diligent work, or (2) the crisis of approaching death; diligent work spread over a period, whether long or short, which will hasten the attainment, or failing that the crisis of impending death which provides the necessary impetus to attainment.

In this matter the Buddha's instructions are clear as set forth in the following Sutta.

"Here, monks, a monk may say thus: 'Face to face with the Blessed One, friend, have I heard, face to face have I received this. This is the Dhamma, this is the Vinaya, this is the message of the Teacher.' Monks, the speech of that monk should neither be welcomed nor reviled. Non-welcoming, non-reviling, every word and syllable should be studied, placed beside the Sutta and compared with the Vinaya. When placed beside the Sutta and compared with the Vinaya, should they not fit in with the Sutta, nor accord with the Vinaya, you should come to the conclusion: 'Truly this is not the word of the Blessed One, and has been wrongly grasped by that monk.' Thus, monks, you should reject it. If they fit in with the Sutta and accord with the Vinaya, then you should come to the conclusion: 'Truly this is the word of the Blessed One, and has been rightly grasped by the monk.' Monks, understand this as the first great or principal appeal to authority.

"Again, monks, a monk may say: 'In such and such a residence lives a community of monks with an elder, a leader. Face to face with that community of monks have I heard, face to face have I received it. This is the Dhamma, this is the Vinaya, this is the message of the Teacher.' Monks, the speech of that monk should neither be welcomed nor reviled. Non-welcoming, non-reviling, every word and syllable should be studied, placed beside the Sutta and compared with the Vinaya. When placed beside the Sutta and compared with the Vinaya, should they not fit in with the Sutta nor accord with the Vinaya you should come to the conclusion: 'Truly this is not the word of the Blessed One, and has been wrongly grasped by that monk.' Thus, monks, you should reject it. If they fit in with the Sutta and accord with the Vinaya, then you should come to the conclusion: 'Truly this is the word of the Blessed One, and has been rightly grasped by that community of monks.' Monks, understand this as the second great or principal appeal to authority.

"Again, monks, a monk may say: 'In such and such a residence live many elder monks, of great knowledge, who have mastered the tradition (āgama), Dhamma-bearers, Vinaya-bearers, tabulated summary-bearers. Face to face with these elders have I heard, face to face have I received it. This is the Dhamma, this is the Vinaya this is the message of the

Teacher.’ Monks, the speech of that monk should neither be welcomed nor reviled. Non-welcoming, non-reviling, every word and syllable should be well studied, placed beside the Sutta and compared with the Vinaya. When placed beside the Sutta and compared with the Vinaya, should they not fit in with the Sutta, nor accord with the Vinaya, you should come to the conclusion: ‘Truly this is not the word of the Blessed One, and has been wrongly grasped by those elders.’ Thus, monks, you should reject it. If they fit in with the Sutta and accord with the Vinaya, then you should come to the conclusion: ‘Truly this is the word of the Blessed One, and has been rightly grasped by those elders.’ Monks, understand this as the third great or principal appeal to authority.

“Again, monks, a monk may say: ‘In such and such a residence lives a monk, an elder, of great knowledge, who has mastered the tradition, a Dhamma-bearer, a Vinaya bearer, a tabulated summary-bearer. Face to face with this elder have I heard, face to face with him have I received it. This is the Dhamma, this is Vinaya, this is the message of the Teacher.’ Monks, the speech of that monk should neither be welcomed nor reviled. Non-welcoming, non-reviling, every word and syllable should be well studied, placed beside the Sutta and compared with the Vinaya. When placed beside the Sutta and compared with the Vinaya, should they not fit in with the Vinaya, should they not fit in with the Sutta, nor accord with the Vinaya, you should come to the conclusion: ‘Truly this is not the word of the Blessed one, and has been wrongly grasped by that elder.’ Thus, monks, you should reject it. If they fit in with the Sutta and accord with the Vinaya, then you should come to the conclusion: ‘Truly this is the word of the Blessed one and has been rightly grasped by that elder.’ Monks, understand this as the fourth great or principal appeal to authority.<sup>53</sup>

<sup>53</sup> A II 168–70; D II 124–26: *Idha, bhikkhave, bhikkhu evaṃ vadeyya – ‘sammukhā metaṃ, āvuso, bhagavato sutaṃ sammukhā paṭiggahitaṃ, ayaṃ dhammo ayaṃ vinayo idaṃ satthusāsana’nti. Tassa, bhikkhave, bhikkhuno bhāsitaṃ neva abhinanditabbaṃ nappaṭikkositabbaṃ. Anabhinanditoṃ appaṭikkositoṃ tāni padabyañjanāni sādhukaṃ uggahetvā sutte otāretabbāni, vinaye sandassetabbāni. Tāni ce sutte otāriyamānāni vinaye sandassiyamānāni na ceva sutte otaranti, na ca vinaye sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ na ceva tassa bhagavato vacanaṃ; imassa ca bhikkhuno duggahita’nti. Itihetaṃ, bhikkhave, chaḍḍeyyātha. Tāni ce sutte otāriyamānāni vinaye sandassiyamānāni sutte ceva otaranti, vinaye ca sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ tassa bhagavato vacanaṃ; imassa ca bhikkhuno suggahita’nti. Idaṃ, bhikkhave, paṭhamaṃ mahāpadesaṃ dhāreyyātha. Idha pana, bhikkhave, bhikkhu evaṃ vadeyya – ‘amukasmim nāma āvāse saṅgho viharati sathero sapāṃmokkho. Tassa me saṅghassa sammukhā sutaṃ sammukhā paṭiggahitaṃ, ayaṃ dhammo ayaṃ vinayo idaṃ satthusāsana’nti. Tassa, bhikkhave, bhikkhuno bhāsitaṃ neva abhinanditabbaṃ nappaṭikkositabbaṃ. Anabhinanditoṃ appaṭikkositoṃ tāni padabyañjanāni sādhukaṃ uggahetvā sutte otāretabbāni, vinaye sandassetabbāni. Tāni ce sutte otāriyamānāni vinaye sandassiyamānāni na ceva sutte otaranti, na ca vinaye sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ na ceva tassa bhagavato vacanaṃ; tassa ca saṅghassa duggahita’nti. Itihetaṃ, bhikkhave, chaḍḍeyyātha. Tāni ce sutte otāriyamānāni vinaye sandassiyamānāni sutte ceva otaranti vinaye ca sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ tassa bhagavato vacanaṃ; tassa ca saṅghassa suggahita’nti. Idaṃ, bhikkhave, dutiyaṃ mahāpadesaṃ dhāreyyātha. Idha pana, bhikkhave, bhikkhu evaṃ vadeyya – ‘amukasmim nāma āvāse sambahulā therā bhikkhū viharanti bahussutā āgatāgamā dhammadharā vinayadharā mātikādharā. Tesam me therānaṃ sammukhā sutaṃ sammukhā paṭiggahitaṃ – ayaṃ dhammo ayaṃ vinayo idaṃ satthusāsana’nti. Tassa, bhikkhave, bhikkhuno bhāsitaṃ neva abhinanditabbaṃ...pe... na ca vinaye sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ na ceva tassa bhagavato vacanaṃ; tesaṃca therānaṃ duggahita’nti. Itihetaṃ, bhikkhave, chaḍḍeyyātha. Tāni ce sutte otāriyamānāni...pe... vinaye ca sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ tassa bhagavato vacanaṃ; tesaṃca therānaṃ suggahita’nti. Idaṃ, bhikkhave, tatiyaṃ mahāpadesaṃ dhāreyyātha.*

## Nibbāna (What it is not)

It is a widely held view that everything, including nibbāna, is not-self (*anattā*). And if this in fact is so, then nibbāna is reducible to something mundane, something conditioned. But nibbāna is unique. It stands alone and does not share its qualities with anything else. It alone is unconditioned. If it is happiness, it is not of the mundane kind which is felt. Nibbāna's happiness, being the happiness of relief, is not felt.<sup>54</sup> It is supreme happiness.<sup>55</sup> If it is lasting, it is so not in the sense of a self or a soul, but because this attainment, that is to say, the destruction of rebirth<sup>56</sup> and the cessation of ill is irreversible.

What precisely is not-self, why is a thing not-self, and what results when a thing is not-self, are clearly explained by the Buddha in the following sutta passages.

(1) "Form, monks, is impermanent; what is impermanent, that is ill; what is ill, that is not-self; what is not-self, that is not mine, that am I not, that is not my self."<sup>57</sup> So also are the other four aggregates. If nibbāna is not-self, then it follows that nibbāna is impermanent, and is therefore subject to ill, just as the five aggregates are.

(2) "Form, monks, is impermanent, feeling is impermanent, perception is impermanent, formations are impermanent, and consciousness is impermanent. Form, monks, is not-self, feeling is not-self, perception is not-self. All formations are impermanent (*sabbe saṅkhārā aniccā*), all things are not-self (*sabbe dhammā anattā*)."<sup>58</sup> Here the Buddha views the five aggregates in two ways, namely, as formations (*saṅkhārā*) which are impermanent, and as things (*dhamma*) which are not-self. "All" (*sabbe*) qualifying "formations" and "things" cover the five aggregates only. Thus the Buddha confines not-self (*anattā*) to the mundane, leaving the unconditioned nibbāna uncontaminated with anything mundane. Arising, decay, and change, which are bound up with not-self, are not found in the unconditioned nibbāna. They are only found in the mundane.<sup>59</sup> This is why "*saṅkhāra*" is

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*Idha pana, bhikkhave, bhikkhu evaṃ vadeyya – ‘amukasmim nāma āvāse eko thero bhikkhu viharati bahussuto āgatāgamo dhammadharo vinayadharo mātikādharo. Tassa me therassa sammukhā suttaṃ sammukhā paṭiggahitaṃ – ayaṃ dhammo ayaṃ vinayo idaṃ satthusāsana’nti. Tassa, bhikkhave, bhikkhuno bhāsitaṃ neva abhinanditabbaṃ nappaṭikkositabbaṃ. Anabhinanditvā appaṭikkositvā tāni padabyañjanāni sādhukaṃ uggahetvā sutte otāritabbāni, vinaye sandassetabbāni. Tāni ce sutte otāriyamānāni vinaye sandassiyamānāni na ceva sutte otaranti, na ca vinaye sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ na ceva tassa bhagavato vacanaṃ; tassa ca therassa duggahita’nti. Itihetaṃ, bhikkhave, chaḍḍeyyātha. Tāni ca sutte otāriyamānāni vinaye sandassiyamānāni sutte ceva otaranti, vinaye ca sandissanti, niṭṭhamettha gantabbaṃ – ‘addhā, idaṃ tassa bhagavato vacanaṃ; tassa ca therassa suggahita’nti. Idaṃ, bhikkhave, catutthaṃ mahāpadesaṃ dhāreyyātha. Ime kho, bhikkhave, cattāro mahāpadesa dhāreyyāthā ti.*

<sup>54</sup> A IV 415: Etad eva kho ettha āvuso sukhaī, yad ettha natthi vedayitai.

<sup>55</sup> Dh 204: Nibbānai paramai sukhanti.

<sup>56</sup> Th 948: Idaṃ vatvā sālavana, samaṇo bhāvitindriyo; brāhmaṇo parinibbāyī, isi khīṇapunabbhavo ti.

<sup>57</sup> S III 22: Rūpaī bhikkhave aniccaī, yad aniccaī tai dukkhaī, yai dukkhaī tad anattā, yad anattā tai netaī mama nesohamasmī na meso attā tt.

<sup>58</sup> M I 229: Rūpaṃ, bhikkhave, aniccaṃ, vedanā aniccā, saññā aniccā, saṅkhārā aniccā, viññāṇaṃ aniccaṃ. Rūpaṃ, bhikkhave, anattā, vedanā anattā, saññā anattā, saṅkhārā anattā, viññāṇaṃ anattā. Sabbe saṅkhārā aniccā, sabbe dhammā anattā ti.

substituted with "*dhamma*" in the Dhammapada, and not for the purpose of giving nibbāna a mundane attribute, namely, not-self. And the Dhammapada states:

"All things are not-self and when one sees this with wisdom, he wearies of ill. This is the path to purity.<sup>60</sup>"

The commentary in accordance with the abovementioned Sutta passages, and a host of others besides, rightly says: "There all things (*sabbe dhamma*) means the five aggregates only.<sup>61</sup>"

(3) "Monks, those recluses and brahmins, who consider self in various ways, consider it as the five aggregates of grasping, or any one of them.<sup>62</sup>" Here those recluses and brahmins asserted that there was a self in the five aggregates of grasping, or in any one of them, and the Buddha denied it, just there where they asserted it was. A concept without a referent in regard to the mundane was posited by these recluses and brahmins, and the Buddha pointed out that it had no basis in fact, that it is but a mere concept without a referent. It is like a man speaking of flowers that grew in the sky, or of the horns of a hare, and someone should tell him that these are mere concepts; that no flowers grew in the sky, and that hares do not have horns. The Buddha did not go further than deny self (*attā*) in the mundane sphere.

(4) "Monks, form is not-self. If form, monks, were the self, form would not tend to disease; and one could say of form: 'Let my form be thus, let it not be thus.' Monks, because form is not-self, therefore form tends to disease; and one could not say of form: 'Let my form be thus, let it not be thus.'" The Sutta goes on to say the same thing with regard to the other four aggregates too.

Now if one claims that nibbāna is not-self (*anattā*), then one also claims that nibbāna tends to disease as much as the five aggregates. This is to drag nibbāna down to the level of the mundane. But nibbāna is the complete transcension of the mundane with its concept of a self and of its denial. The seeing of the mundane as not-self is the path to purity but not purity itself which is the unconditioned (*asaṅkhata*), or the deathless (*amata*), nibbāna, notwithstanding the Visuddhimagga statement: "Empty of self is the deathless state."<sup>63</sup>

(5) The Buddha explains clearly in the following Sutta what "empty of self" means. Here the *anattā* teaching is expressed in a different way, thus: "Monks, because the world is empty of a self, or anything belonging to a self, therefore it is said, 'The world is empty.'

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<sup>59</sup> A I 152: *Tīṇimāni, bhikkhave, saṅkhatassa saṅkhatalakkaṇāni. Katamāni tīṇi? Uppādo paññāyati, vayo paññāyati, ʃitassa aññathattaṃ paññāyati. Imāni kho, bhikkhave, tīṇi saṅkhatassa saṅkhatalakkaṇāni ti. Tīṇimāni, bhikkhave, asaṅkhatassa asaṅkhatalakkaṇāni. Katamāni tīṇi? Na uppādo paññāyati, na vayo paññāyati, na ʃitassa aññathattaṃ paññāyati. Imāni kho, bhikkhave, tīṇi asaṅkhatassa asaṅkhatalakkaṇāni ti.*

<sup>60</sup> DhP 178: *Sabbe dhammā anattā ti yadā paññāya passati, atha nibbindati dukkhe esa maggo visuddhiyā.*

<sup>61</sup> DhP-a III 406: *Tattha sabbe dhammāti pañcakkaṇḍhā eva adhippetā.*

<sup>62</sup> S III 46: *Ye hi keci, bhikkhave, samaṇā vā brāhmaṇā vā anekavihitaṃ attānaṃ samanupassamānā samanupassanti, sabbete pañcupādānakkhandhe samanupassanti, etesaṃ vā aññataraṃ.*

<sup>63</sup> Vism II 513: *Dhuvāsubhasukhattasūññaṃ, purimadvayam-attasūññaṃ-amatapadaṃ; Dhuvāsukhaattavirahito, maggoiti sūññatā tesu.*

What Ānanda is empty of a self, or anything belonging to a self? Eye Ānanda, is empty of a self, or anything belonging to a self and eye-consciousness is empty of a self, or anything belonging to a self ...<sup>64</sup> This is repeated with regard to ear, sounds, and ear-consciousness, and so on.

On another occasion the Buddha, teaching the practice that is helpful, or conducive to, nibbāna (*nibbānasappaya*) says, that one views eye, forms, eye-consciousness, and eye-contact as impermanent (*anicca*). Whatever is experienced, whether happiness, ill or neither happiness nor ill arises dependent on eye-contact, one views that too as impermanent (*anicca*). So also with regard to ear and sounds etc., nose and smells etc., tongue etc., all of them he views as impermanent (*anicca*).

In the next Sutta these same things are viewed as ill followed by the next Sutta in which these same things are viewed as not-self (*anattā*).

Now, when viewing of things as not-self is helpful for, or conducive to, nibbāna, nibbāna itself cannot be not-self (*anattā*).

While the Suttas cited above limit themselves to the consideration of the personality and therefore to the animate, this Sutta, since it considers the world (*loka*), surveys a wider field which includes the six sense-bases that embrace the inanimate as well. This is as far as it can go, and it is the whole range of the mundane. If the doctrine of not-self (*anattā*) were to penetrate further afield beyond the mundane into the unconditioned, then nibbāna, which to the earnest follower of the Dhamma is the thought of his day and the dream of his night, will cease to be the unconditioned any more. And the uttermost freedom from all fetters human and divine which is the cessation of ill, would be an impossibility. Here too, as before, the Sutta of the Four Great or Principal Authorities applies.

That nibbāna, the unconditioned, should not be considered as not-self (*anattā*) but as happiness (*sukha*), is stated in the following Sutta:

“Here, monks, a certain person dwells contemplating ill (*dukkhanupassi*) in all formations (*sabbasaṅkharesu*), not-self (*anattā*) in all things (*sabbesu dhammesu*); he dwells contemplating happiness in nibbāna (*nibbane sukkhanupassi*), perceiving happiness therein (*sui.hasanni*), experiencing happiness (*sukhapatisamvedī*), continually, uninterruptedly, inclined towards it in mind, and penetrating it with wisdom. Having destroyed the cankers, he abides cankerless here and now, mind-freed and wisdom-freed. Monks, this is the first person who is worthy of offerings ... the world’s peerless field of merit.<sup>65</sup>

<sup>64</sup> S IV 54: *Yasmā ca kho, ānanda, suññaṃ attena vā attaniyena vā tasmā suñño lokoti vuccati. Kiñca, ānanda, suññaṃ attena vā attaniyena vā? Cakkhu kho, ānanda, suññaṃ attena vā attaniyena vā. Rūpā suññā attena vā attaniyena vā, cakkhuvīññāṇaṃ suññaṃ attena vā attaniyena vā, cakkhusamphasso suñño attena vā attaniyena vā...pe... yampidaṃ manosamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi suññaṃ attena vā attaniyena vā. Yasmā ca kho, ānanda, suññaṃ attena vā attaniyena vā, tasmā suñño lokoti vuccatī ti.*

<sup>65</sup> S IV 133–35: *Nibbānasappāyaṃ vo, bhikkhave, paṭipadaṃ desessāmi. Taṃ suñātha...pe... katamā ca sā, bhikkhave, nibbānasappāyā paṭipadā? Idha, bhikkhave, bhikkhu cakkhuṃ aniccanti passati, rūpā aniccāti passati, cakkhuvīññāṇaṃ aniccanti passati, cakkhusamphasso aniccoti passati. Yampidaṃ*

When a person grows weary of all conditioned things, whether they are called formations or things, which are stamped with the three characteristics of impermanence, ill, and not-self, he loosens the fetters that bind him, and proceeds towards the freedom and happiness of nibbāna, says the Sutta.

The eye, monks, is impermanent (*anicca*); what is impermanent that is ill (*dukkha*); what is ill that is not-self (*anattā*); what is not-self is not mine, that am I not, that is not my self. Thus it should be seen with clear understanding as it truly is ... mind is impermanent. Thus seeing, the learned disciple of the noble is weary of eye ... weary of mind. Wearied, he is estranged; estranged, he is freed; in being freed he knows that he is free. Destroyed is birth, lived is the life of purity, done what had to be done, and after this present life there is no beyond.<sup>66</sup> Thus seeing the instructed disciple of the noble one is disenchanted as regard eye is disenchanted as regards mind; being disenchanted he unstains and when he has unstained his mind is released; when it has been released he has the knowledge it, has been released and he understands, "Birth has been exhausted; the celibate life has been lived; what ought to be done has been done and there is nothing of this to be again" (Soma Thera's translation).

In another Sutta the Buddha teaches the perception of impermanence (*aniccasanna*), the perception of ill in impermanence (*anicce dukkhasanna*) and the perception of not-self in ill (*dukkhe anattāsanna*) which, when developed and cultivated are great in result, great in advantage plunging into the deathless, ending in the deathless.<sup>67</sup>

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*cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi aniccanti passati...pe... jivhā aniccāti passati, rasā aniccāti passati, jivhāvīññāṇaṃ aniccanti passati, jivhāsamphasso aniccoti passati, yampidaṃ jivhāsamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi aniccanti passati...pe... mano aniccoti passati, dhammā aniccāti passati, manovīññāṇaṃ aniccanti passati, manosamphasso aniccoti passati, yampidaṃ manosamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi aniccanti passati. Ayaṃ kho sā, bhikkhave, nibbānasappāyā paṭipadā'ti*

*Nibbānasappayant vo bhikkhave patioadam de.rissami tam sunatha ... pa ... katam6 ca sa bhikkhave nihba» wappdya paṭipadā. Mano aniccoti passati dhammā aniccāti manovīññāṇaṃ aniccanti passatiI manosamphasso aniccoti pas.ratiI yam pidam martosamphassapaccaya uppajjati vedayitam ... adukkhamasukham va tam pi aniccanti passati. (Nibbāna-sappayan tI nibbānassa sappayam upakaraka-paṭipadām—S-a II, 402).*

<sup>66</sup> A IV 14: *Idha, bhikkhave, ekacco puggalo sabbasañkhāresu aniccānupassī viharati, ... sabbasañkhāresu dukkhānupassī viharati ... Sabbesu dhammesu anattānupassī viharati... Nibbāne sukhānupassī viharati sukhasaññī sukhapaṭisaṃvedī satataṃ samitaṃ abbokiṇṇaṃ cetasa adhimuccamāno paññāya pariyogāhamāno. So āsavānaṃ khayā...pe... sacchikatvā upasampajja viharati. Ayaṃ bhikkhave, paṭhamo puggalo āhuneyyo... pe... puññakkhettaṃ lokassa.*

<sup>67</sup> S IV I-2 *Cakkhuṃ, bhikkhave, aniccaṃ. Yadaniccaṃ taṃ dukkhaṃ; yaṃ dukkhaṃ tadanattā. Yadanattā taṃ 'netam mama, nesohamasmi, na meso attā'ti evametam yathābhūtaṃ sammappaññāya daṭṭhabbam. Sotaṃ aniccaṃ. Yadaniccaṃ...pe... ghānaṃ aniccaṃ. Yadaniccaṃ...pe... jivhā aniccā. Yadaniccaṃ taṃ dukkhaṃ; yaṃ dukkhaṃ tadanattā. Yadanattā taṃ 'netam mama, nesohamasmi, na meso attā'ti evametam yathābhūtaṃ sammappaññāya daṭṭhabbam. Kāyo anicca. Yadaniccaṃ...pe... mano anicca. Yadaniccaṃ taṃ dukkhaṃ; yaṃ dukkhaṃ tadanattā. Yadanattā taṃ 'netam mama, nesohamasmi, na meso attā'ti evametam yathābhūtaṃ sammappaññāya daṭṭhabbam. Evaṃ passaṃ, bhikkhave, sutavā ariyasāvako cakkhusmimpi nibbindati, sotasmimpi nibbindati, ghānasimpi nibbindati, jivhāyapi nibbindati, kāyasmimpi nibbindati, manasmimpi nibbindati. Nibbindaṃ virajjati; virāgā vimuccati; vimuttasmiṃ vimuttamiti nāṇaṃ hoti. 'Khīṇā jāti, vusitaṃ brahmacariyaṃ, kataṃ karaṇīyaṃ, nāparaṃ itthattāyā'ti pajānāti'ti*

These Suttas show clearly that not-self (*anattā*) cannot be considered apart from impermanence (*anicca*) and ill (*dukkha*) since they are linked together. Not-self (*anattā*) does not stand by itself, for it proceeds from these two conditions, impermanence and ill. One condition flows into the other. Nibbāna is not ill (*dukkha*) but is happiness (*sukha*) and has to be regarded as such if one ever hopes to attain it. Thus it cannot be considered in the same way as everything else has to be considered. Even the happiness of nibbāna is different from every other kind of happiness. Nibbāna's happiness is the happiness of relief, while all the other kinds of happiness are bound up with feeling (*vedanā*). The happiness of nibbāna does not change, while every other kind of happiness changes. Therefore the Buddha says:

“Monks, should a monk regard nibbāna as ill, it is impossible for him to be endowed with adaptive patience; it is impossible for him to enter the right path; without entering the right path it is impossible for him to realise the fruit of Stream-Entrance ... and the consummate state.

“Monks, should a monk regard nibbāna as happiness it is then possible for him to be endowed with adaptive patience; being thus endowed it is possible for him to enter the right path; having entered the right path, it is possible for him to realise fruit of Stream-Entrance ... and the consummate state.”<sup>68</sup>

Because the conditioned is the sphere where not-self (*anattā*), which is inseparable from impermanence (*anicca*) and ill (*dukkha*), holds sway, the disciple of the noble is wearied of, and estranged, and therefore freed, from the conditioned; and he knows that he is freed. This is nibbāna. Now if nibbāna, too, is not-self (*anattā*), has not then one to be wearied of, estranged, and freed, from nibbāna as well? How then can one attain nibbāna? Is it possible for one to be wearied of, estranged, and freed, from a thing and at the same time attain it? When one says that nibbāna is not-self (*anattā*) one also says that nibbāna has to be given up. And if that happens one continues to remain securely bound to saṃsāra, and has not moved a step away from it. But the exhortation of the Buddha is to aspire to attain it:

*Abandon everything that keeps thee bound;*

*In thine own self, thy own protection find.*

*As one should act whose turban is ablaze,*

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A IV 46: *Sattimā, bhikkhave, saññā bhāvitā bahulikatā mahapphalā honti mahānisaṃsā amatogadhā amatapariyosānā. Katamā satta? Asubhasaññā, maraṇasaññā, āhāre paṭikūlasaññā, sabbaloke anabhiratasaññā, aniccasaññā, anicce dukkhasaññā, dukkhe anattasaññā.*

<sup>68</sup> AIII 442–43: *So vata, bhikkhave, bhikkhu nibbānaṃ dukkhato samanupassanto anulomikāya khantiyā samannāgato bhavissatī'ti netaṃ ṭhānaṃ vijjati. 'Anulomikāya khantiyā asamannāgato sammattaniyāmaṃ okkamissatī'ti netaṃ ṭhānaṃ vijjati. 'Sammattaniyāmaṃ anokkamamāno sotāpattiphalaṃ vā sakadāgāmiphalaṃ vā anāgāmiphalaṃ vā arahattaṃ vā sacchikarissatī'ti netaṃ ṭhānaṃ vijjati. So vata, bhikkhave, bhikkhu nibbānaṃ sukhato samanupassanto anulomikāya khantiyā samannāgato bhavissatī'ti ṭhānametaṃ vijjati. 'Anulomikāya khantiyā samannāgato sammattaniyāmaṃ okkamissatī'ti ṭhānametaṃ vijjati. 'Sammattaniyāmaṃ okkamamāno sotāpattiphalaṃ vā sakadāgāmiphalaṃ vā anāgāmiphalaṃ vā arahattaṃ vā sacchikarissatī'ti ṭhānametaṃ vijjati ti.*

*Act then aspiring for the deathless state.*<sup>69</sup>

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<sup>69</sup> S III 143: *Jaheyya sabbasaṃyogaṃ, kareyya saraṇattano;*  
*Careyyā dittaṣṣoḍa, paṭṭhayaṃ accutaṃ padan-ti.*  
*Soma Thera's translation*



## Some parallel Sutta-passages

(1) Having cut off hair and beard, donning the orange robe, one goes from home to homelessness. Thus having gone forth, he puts away the five hindrances which weaken wisdom, is well established in the four foundations of mindfulness, and, having cultivated in their real essence the seven factors of wisdom, attains nibbāna which has nothing to do with either good or bad.<sup>70</sup>

(2) Monks, should one call these five hindrances a heap of demerit, he would be saying so rightly. Monks, a whole heap of demerit are the five hindrances.

Monks, should one call the four foundations of mindfulness a heap of merit, he would be saying so rightly. Monks, a whole heap of merit are the four foundations of mindfulness.<sup>71</sup>

(3) Monks, those monks who are novices recently gone forth, newly come to this doctrine and discipline—those monks should be roused to the practice of, and fixed and established in, the four foundations of mindfulness.<sup>72</sup>

(4) (The Venerable Anuruddha Thera to the Venerable Sāriputta Thera:) Friend, one who has partially cultivated the four foundations of mindfulness is a learner (*sekha*) ...

Friend, one who has completely cultivated the four foundations of mindfulness is a learning-ender (*asekha*).<sup>73</sup>

(5) Here, monks, in a monk living diligent, ardent, resolute, there arises the controlling faculty of pain (*dukkha-indriya*). It is with attributes, cause, essential properties, and conditions. That the controlling faculty of pain should arise without attributes, cause, essential properties, and conditions, is certainly not possible. He knows well the controlling faculty of pain, he knows well its arising, and he knows well its cessation. And he also knows well where arising it ceases without remainder. How does the arisen controlling

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<sup>70</sup> A III 387: *So kesamassuṃ ohāretvā kāsāyāni vatthāni acchādetvā agārasmā anagāriyaṃ pabbajati. So evaṃ pabbajito samāno pañca nīvaraṇe pahāya cetaso upakkīlese paññāya dubbalikaraṇe, catūsu satipaṭṭhānesu suppatiṭṭhitacitto, satta bojjaḍḍge yathābhūtaṃ bhāvetvā akaṇhaṃ asukkaṃ nibbānaṃ abhijāyati. Evaṃ kho, ānanda, sukkābhijātiyo samāno akaṇhaṃ asukkaṃ nibbānaṃ abhijāyati. Imā kho, ānanda, chaḍḍabhijātiyo.*

<sup>71</sup> S V 146: *Akusalarāsi ti, bhikkhave, vadamāno pañca nīvaraṇe sammā vadamāno vadeyya. Kevalo hāyaṃ, bhikkhave, akusalarāsi, yadidaṃ pañca nīvaraṇā. Katame pañca? Kāmacchandanivaraṇaṃ, byāpādanīvaraṇaṃ, thinamiddhanivaraṇaṃ, uddhaccakukkucanīvaraṇaṃ, vicikicchānīvaraṇaṃ. ... Kusalarāsi ti, bhikkhave, vadamāno cattāro satipaṭṭhāne sammā vadamāno vadeyya. Kevalo hāyaṃ, bhikkhave, kusalarāsi, yadidaṃ – cattāro satipaṭṭhānā. Katame cattāro? Idha, bhikkhave, bhikkhu kāye kāyānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassaṃ; vedanāsu...pe... citte...pe... dhammesu dhammānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassaṃ.*

<sup>72</sup> S V 145: *Ye te, bhikkhave, bhikkhū navā acirapabbajitā adhunāgatā imaṃ dhammavinayaṃ, te vo, bhikkhave, bhikkhū catunnaṃ satipaṭṭhānānaṃ bhāvanāya samādapetabbā nīvesetabbā patitṭhāpetabbā. Katamesaṃ catunnaṃ? Etha tumhe, āvuso, kāye kāyānupassīno viharatha ātāpīno sampajānā ekodibhūtā vipprasannacittā samāhitā ekaggacittā, kāyassa yathābhūtaṃ nāṇāya; ... dhammānaṃ yathābhūtaṃ nāṇāya.*

<sup>73</sup> S V 175: *Kittāvatā nu kho, āvuso, sekho hoti ti? Catunnaṃ kho, āvuso, satipaṭṭhānānaṃ padesaṃ bhāvitattā sekho hoti. ... Kittāvatā nu kho, āvuso, asekho hoti ti? Catunnaṃ kho, āvuso, satipaṭṭhānānaṃ samattaṃ bhāvitattā asekho hoti.*

faculty of pain cease without remainder? Here, monks, aloof from sense-desires, aloof from evil states of mind, a monk attains the first meditation (*jhāna*) which is with initial and sustained application of thought, joy and ease born of detachment. There the arisen controlling faculty of pain ceases without remainder. Monks, this is called a monk who knows the cessation of the controlling faculty of pain, who has concentrated his mind for the state of being so.

(The controlling faculty of grief ceases without remainder with the attainment of the second meditation, the controlling faculty of ease ceases without remainder with the attainment of the third meditation, the controlling faculty of pleasure ceases without remainder with the attainment of the fourth, and the controlling faculty of neither pleasure nor pain ceases without remainder with the attainment of the cessation of perception and feeling).<sup>74</sup>

(6) What, monks, is the power of contemplation (*bhāvanā bala*)? Here, monks, a monk aloof from sense desires, aloof from evil states of mind, attains the first meditation which is with initial and sustained application of thought, joy and ease born of detachment ... attains the fourth and abides therein.<sup>75</sup>

(7) Monks, there are these five controlling faculties, which five? The controlling faculties of faith, energy, mindfulness, concentration, and wisdom. Monks, these are the five controlling faculties. By the accomplishment and fulfilment of these controlling faculties one is a Consummate One: when they are weaker than that, one is a Non-Returner; when they are weaker than that, one is a Once-Returner; when they are weaker than that, one is a Stream-Entrant; when they are weaker than that, one is dhamma-striver; and when they are weaker than that, one is a faith-striver.

Thus indeed, monks, there is a difference of controlling faculties, there is a difference of fruits, there is a difference of powers, and there is a difference of persons.<sup>76</sup>

(8) (The Venerable Lomāsavangisa Thera: ) Friend, Mahānāma, those are learner-monks, who have not attained perfection, who aspiring to the peerless freedom from bondage, live having put away the five hindrances ...

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<sup>74</sup> S V 213: *Idha, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa viharato uppajjati dukkhindriyaṃ. So evaṃ pajānāti— ‘uppannaṃ kho me idaṃ dukkhindriyaṃ, tañca kho sanimittaṃ sanidānaṃ sasaṅkhāraṃ sappaccayaṃ. Tañca animittaṃ anidānaṃ asaṅkhāraṃ appaccayaṃ dukkhindriyaṃ uppajjissatīti, netam jhānaṃ vijjati’.* So dukkhindriyañca pajānāti, dukkhindriyasamudayañca pajānāti, dukkhindriyanirodhañca pajānāti, yattha cuppannaṃ dukkhindriyaṃ aparisesaṃ nirujjhati tañca pajānāti. Kattha cuppannaṃ dukkhindriyaṃ aparisesaṃ nirujjhati? *Idha, bhikkhave, bhikkhu vivicceva kāmehi ... paṭhamaṃ jhānaṃ upasampajja viharati, ettha cuppannaṃ dukkhindriyaṃ aparisesaṃ nirujjhati. ... dutiyaṃ jhānaṃ upasampajja viharati, ettha cuppannaṃ domanassindriyaṃ aparisesaṃ nirujjhati. ... tatiyaṃ jhānaṃ upasampajja viharati, ettha cuppannaṃ sukkhindriyaṃ aparisesaṃ nirujjhati. ... catutthaṃ jhānaṃ upasampajja viharati, ettha cuppannaṃ somanassindriyaṃ aparisesaṃ nirujjhati. ... saññāvedayitanirodhaṃ upasampajja viharati, ettha cuppannaṃ upekkhindriyaṃ aparisesaṃ nirujjhati.*

<sup>75</sup> A I 53: *Katamañca, bhikkhave, bhāvanābalaṃ? Idha, bhikkhave, bhikkhu vivicceva kāmehi, ... paṭhamaṃ jhānaṃ upasampajja viharati. ... catutthaṃ jhānaṃ upasampajja viharati.*

<sup>76</sup> S V 200.

Friend, Mahānāma, those monks who are Consummate Ones, who have destroyed the cankers, reached perfection, done what had to be done, laid down the burden, won to the goal, destroyed the fetters of the states of existence, and are freed by utmost knowledge—in them these five hindrances are abandoned, uprooted, pulled out of the ground like a palmyra palm, eradicated, and not liable to come into existence again.<sup>77</sup>

Again, monks, the monk who is a learner (*sekha*) knows well the five controlling faculties: Faith, energy, mindfulness, concentration, and wisdom. Yet he neither lives experiencing with the body, nor penetrates with wisdom, what they lead to, their excellence, their fruit, and their end. Monks, this is indeed the way according to which the learner-monk, standing in the plane of the learner, knows: “I am a learner”

What is the way according to which the learning-ender (*asekha*), standing in the plane of the learning-ender, knows: “I am a learning-ender?” Here a monk who is a learning-ender knows well the five controlling faculties: Faith and wisdom. He lives experiencing with the body, and penetrates with wisdom, what they lead to, their excellence, their fruit, and their end. This is indeed the way, monks, according to which the learning-ender, standing in the plane of the Learning-ender, knows: “I am a learning-ender”

Few are those beings who, passing away as humans, are reborn as humans; at the same time greater in number are those beings who, passing away as humans, are reborn in the animal world, the world of the manes, and in places of torment and torture. Few are those beings who, passing away as devas, are reborn as devas; at the same time greater in number are those who passing away as devas, are reborn in hell, in the animal world, and in the world of the manes.

Few are those beings who, passing away as devas, are reborn as humans; at the same time greater in number are those beings, who, passing away as devas, are reborn in hell in the animal world, and in the world of the manes.

What is the reason? Not seeing, monks, the Four Noble Truths: the Noble Truth of Ill, the Noble Truth of the Arising of Ill, the Noble Truth of the Cessation of Ill, and the Noble Truth of the path leading to the Cessation of Ill.<sup>78</sup>

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<sup>77</sup> S V 327: *So eva nu kho, bhante, sekho vihāro so tathāgatavihāro, udāhu aññova sekho vihāro añño tathāgatavihāro ti? Na kho, āvuso mahānāma, sveva sekho vihāro, so tathāgatavihāro. Añño kho, āvuso mahānāma, sekho vihāro, añño tathāgatavihāro. Ye te, āvuso mahānāma, bhikkhū sekhā appattamānasā anuttaraṃ yogakkhemaṃ patthayamānā viharanti, te pañca nīvaraṇe pahāya viharanti. ... Yepi te, āvuso mahānāma, bhikkhū sekhā appattamānasā anuttaraṃ yogakkhemaṃ patthayamānā viharanti, te ime pañca nīvaraṇe pahāya viharanti. Ye ca kho te, āvuso mahānāma, bhikkhū arahanto khīṇāsavā vusitavanto katakaraṇīyā ohitabhārā anuppattasatthā parikkhīṇabhavasamyojanā sammadaññā vimuttā, tesam pañca nīvaraṇā pahīnā ucchinnamūlā tālāvatthukatā anabhāvaṃkatā āyatim anuppādadhammā.*

<sup>78</sup> S V 474–77: *Evameva kho, bhikkhave, appamattakā te sattā ye manussesu paccājāyanti; atha kho eteva bahutarā sattā ye aññatra manussehi paccājāyanti. Tam kissa hetu? Aditṭhattā, bhikkhave, catunnaṃ ariyasaccānaṃ. Katamesaṃ catunnaṃ? Dukkhasa ariyasaccassa...pe... dukkhanirodhagāminiyā paṭipadāya ariyasaccassa. ... Evameva kho, bhikkhave, appakā te sattā ye manussā cutā manussesu paccājāyanti; atha kho eteva bahutarā sattā ye manussā cutā niraye paccājāyanti...*

Monks, should anyone say: “Without understanding the Noble Truth of Ill in its real essence ... and the Noble Truth of the Path leading to the Cessation of Ill, I will thoroughly make an end of Ill”—for him no such possibility exists.

Monks, it is as if someone should say: “Without erecting the lower part of a house I will erect its peaked roof.” Just so, monks, is he who says: “Without understanding the Noble Truth of Ill ...” for him no such possibility exists<sup>79</sup>.

Thus, indeed, monks, the completion of association with the unworthy completes the hearing of the not-good dhamma; the completion of the hearing of the not-good dhamma completes disbelief; the completion of disbelief completes unwise attention; the completion of unwise attention completes lack of mindfulness and clear comprehension; lack of mindfulness and clear comprehension completes non-restraint of the senses; the completion of non-restraint of the senses completes the three evil ways of conduct; the completion of the three evil ways of conduct completes the five hindrances; the completion of the five hindrances completes Ignorance.<sup>80</sup>

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<sup>79</sup> S V 452: *Yo hi, bhikkhave, evaṃ vadeyya – ahaṃ dukkhaṃ ariyasaccaṃ yathābhūtaṃ anabhisamecca ... dukkhanirodhagāminīṃ paṭipadaṃ ariyasaccaṃ yathābhūtaṃ anabhisamecca sammā dukkhassantaṃ karissāmi’ti – netāṃ ṭhānaṃ vijjati. Seyyathāpi, bhikkhave, yo evaṃ vadeyya – ahaṃ kūṭāgārassa heṭṭhimaṃ gharaṃ akaritvā uparimaṃ gharaṃ āropessāmi ti – netāṃ ṭhānaṃ vijjati; evameva kho, bhikkhave, yo evaṃ vadeyya – ‘ahaṃ dukkhaṃ ariyasaccaṃ yathābhūtaṃ anabhisamecca...pe... dukkhanirodhagāminīṃ paṭipadaṃ ariyasaccaṃ yathābhūtaṃ anabhisamecca sammā dukkhassantaṃ karissāmi’ti – netāṃ ṭhānaṃ vijjati.*

<sup>80</sup> 12. A V 113–14: *Iti kho, bhikkhave, asappurisasamsevo paripūro asaddhammassavanaṃ paripūreti, asaddhammassavanaṃ paripūraṃ assaddhiyaṃ paripūreti, assaddhiyaṃ paripūraṃ ayonisomanasikāraṃ paripūreti, ayonisomanasikāro paripūro asatāsampajaññaṃ paripūreti, asatāsampajaññaṃ paripūraṃ indriyaasaṃvaraṃ paripūreti, indriyaasaṃvaro paripūro tīṇi duccharitāni paripūreti, tīṇi duccharitāni paripūrāni pañca nīvaraṇe paripūrenti, pañca nīvaraṇā paripūrā avijjaṃ paripūrenti. Evametissā avijjāya āhāro hoti, evañca pāripūri.*